

PRODUCT
CATALOG
YEAR 2025



TRUE HIMALAYAN NEPAL

**WWW.TRUEHIMALAYANFOODS.COM ADDRESS : KATHMANDU NEPAL.
PHONE 015923875 / 9843532021/ 9840753061 / 9842990056**

Bhadu
Bhada/Kasaudi
कशौडी



Number 2
1.5 mana



Number 4
2 mana



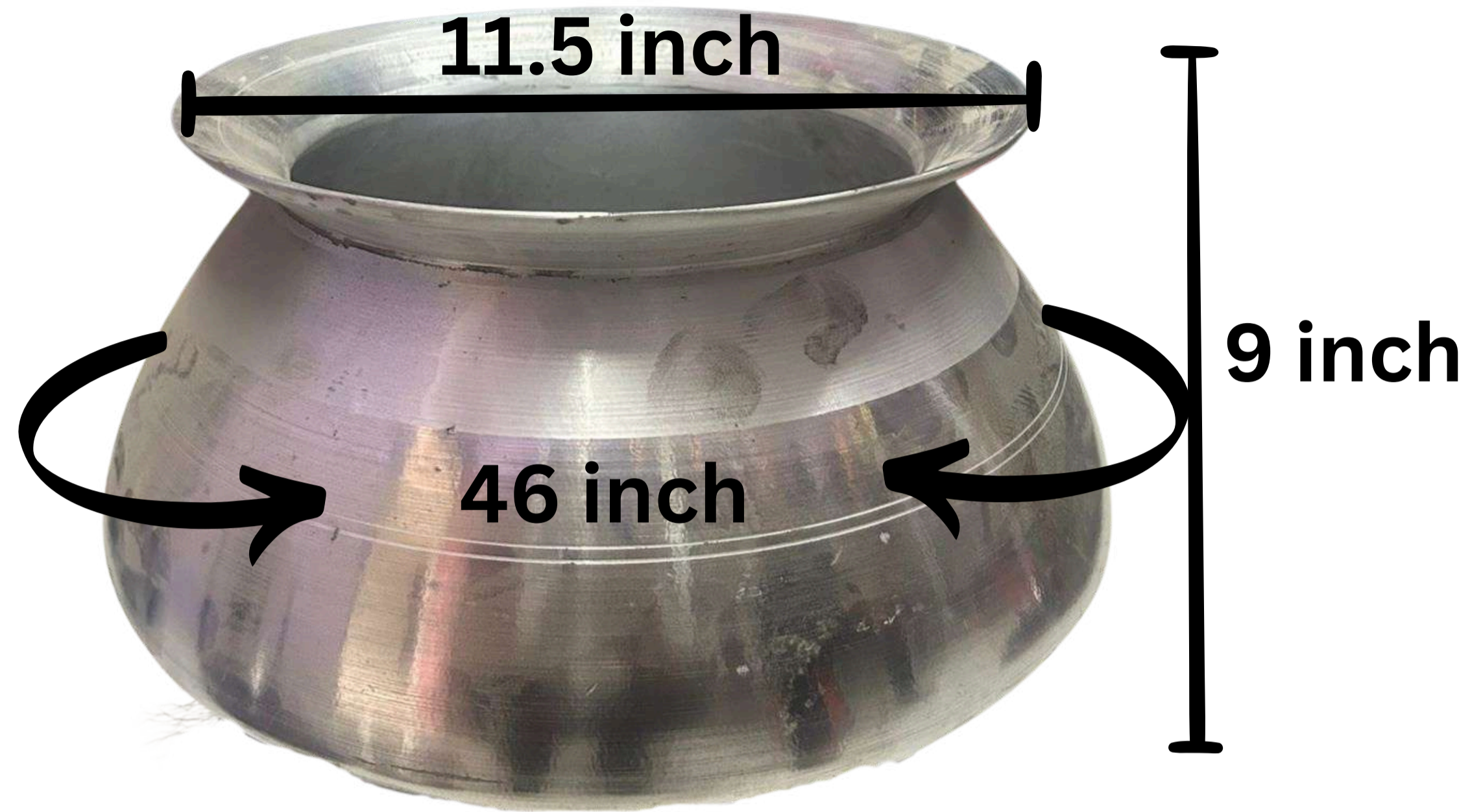
Number 7
3.5 mana



Number 10
1 Pathi

Bhadu Bhada/Kasaudi

कशौडी

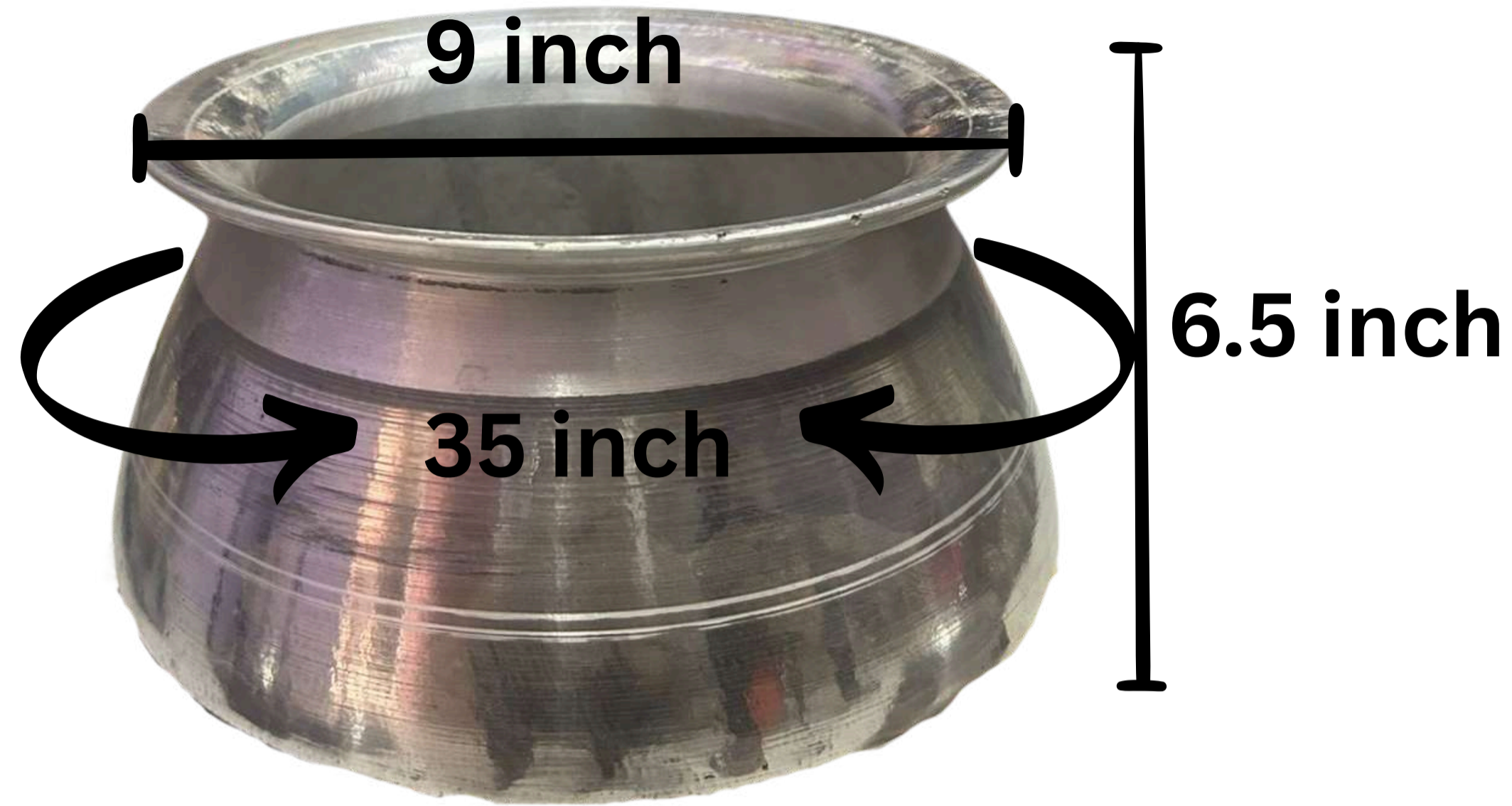


Number: 10
Face: 11.5inch
Height: 9inch
Round: 46inch
Weight: 4.4kg

THF-N-ALU-01

Bhadu Bhada/Kasaudi

कशौडी



Number: 7

Face: 9 inch

Height: 6.5 inch

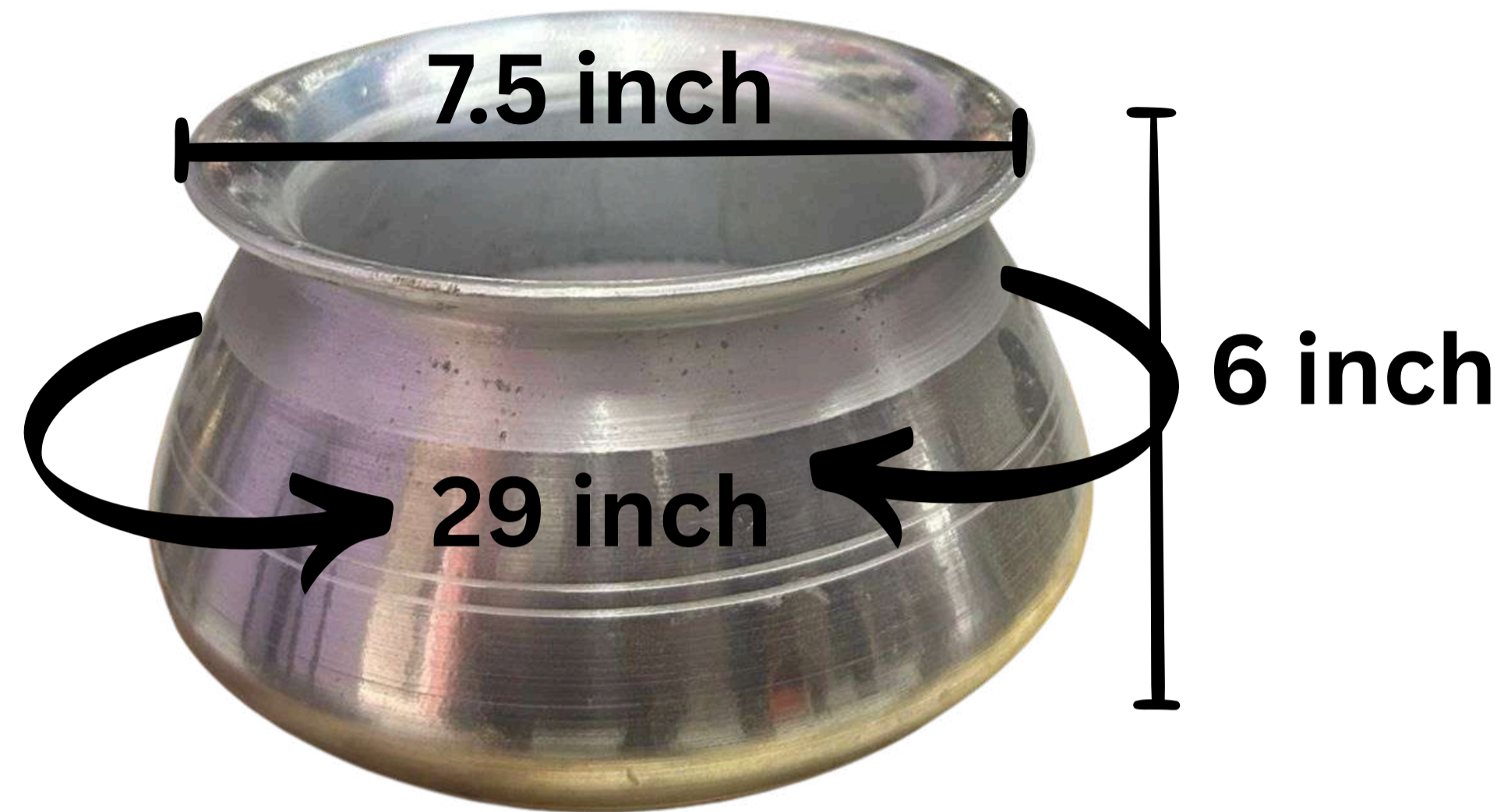
Round: 35 inch

Weight: 2.2kg

THF-N-ALU-02

Bhadu Bhada/Kasaudi

कशौडी



Number: 4

Face: 7.5inch

Height: 6 inch

Round: 29inch

Weight: 1.5 kg

THF-N-ALU-03

Bhadu Bhada/Kasaudi

कशौडी



Number: 2

Face: 6inch

Height: 5inch

Round: 24 inch

Weight: 1kg

THF-N-ALU-04

Tumba

तुम्बा

Number 6

Height - 6 inch

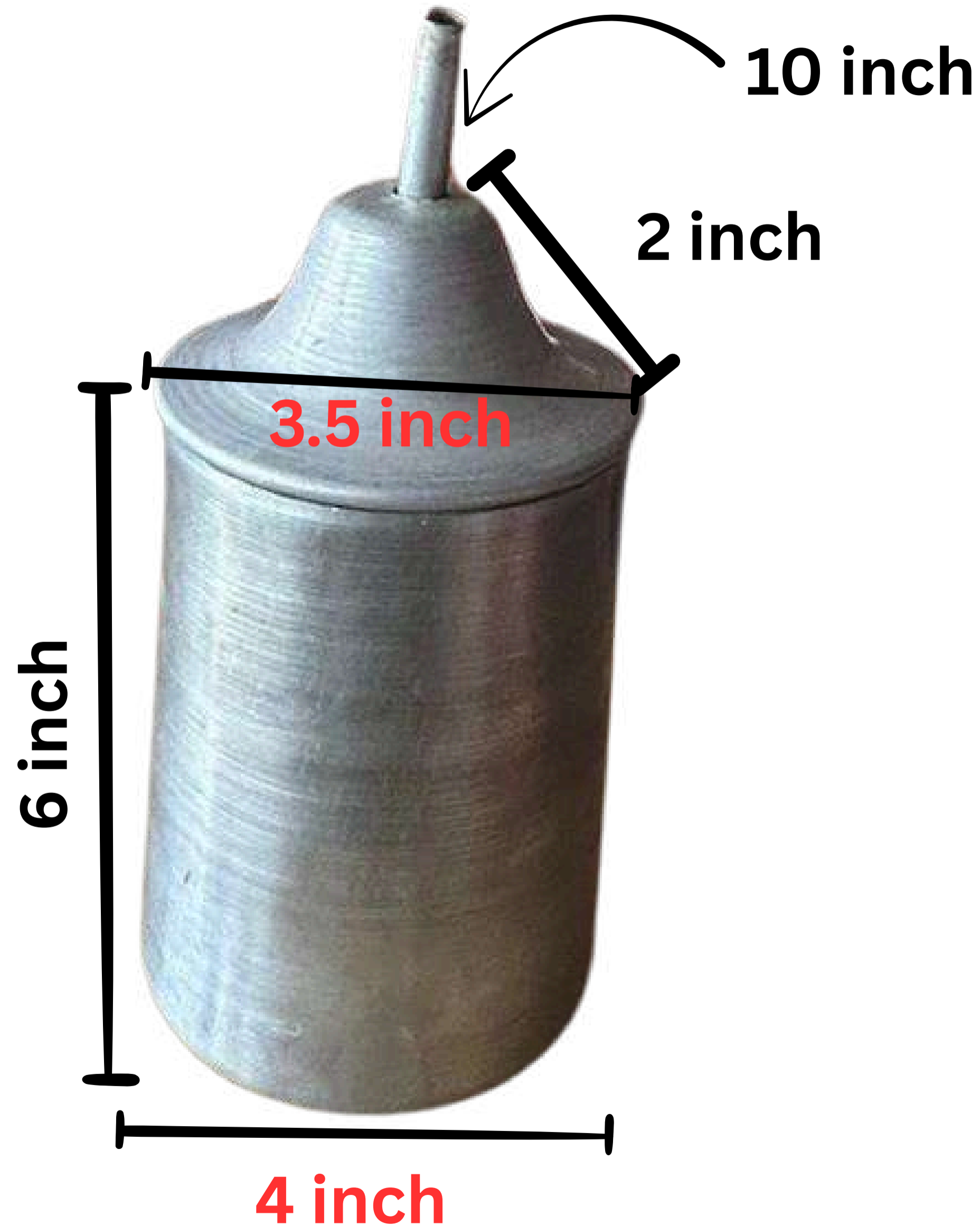
Mouth - 3.5 inch

Base - 4 inch

Height of dhakan- 2 inch

Length of Pipe - 10 inch

Weight - 250 Gram



THF-N-ALU-05

Bhakka Bhada

भक्का भाडा



ROUND - 28 INCH

Height - 7 inch

Mouth - 7 inch

Base - 4.5 inch

Weight - 550 gram



Aluminum Dekchi
एल्युमिनियम डेक्चि



Number 44



Number 40



Number 36

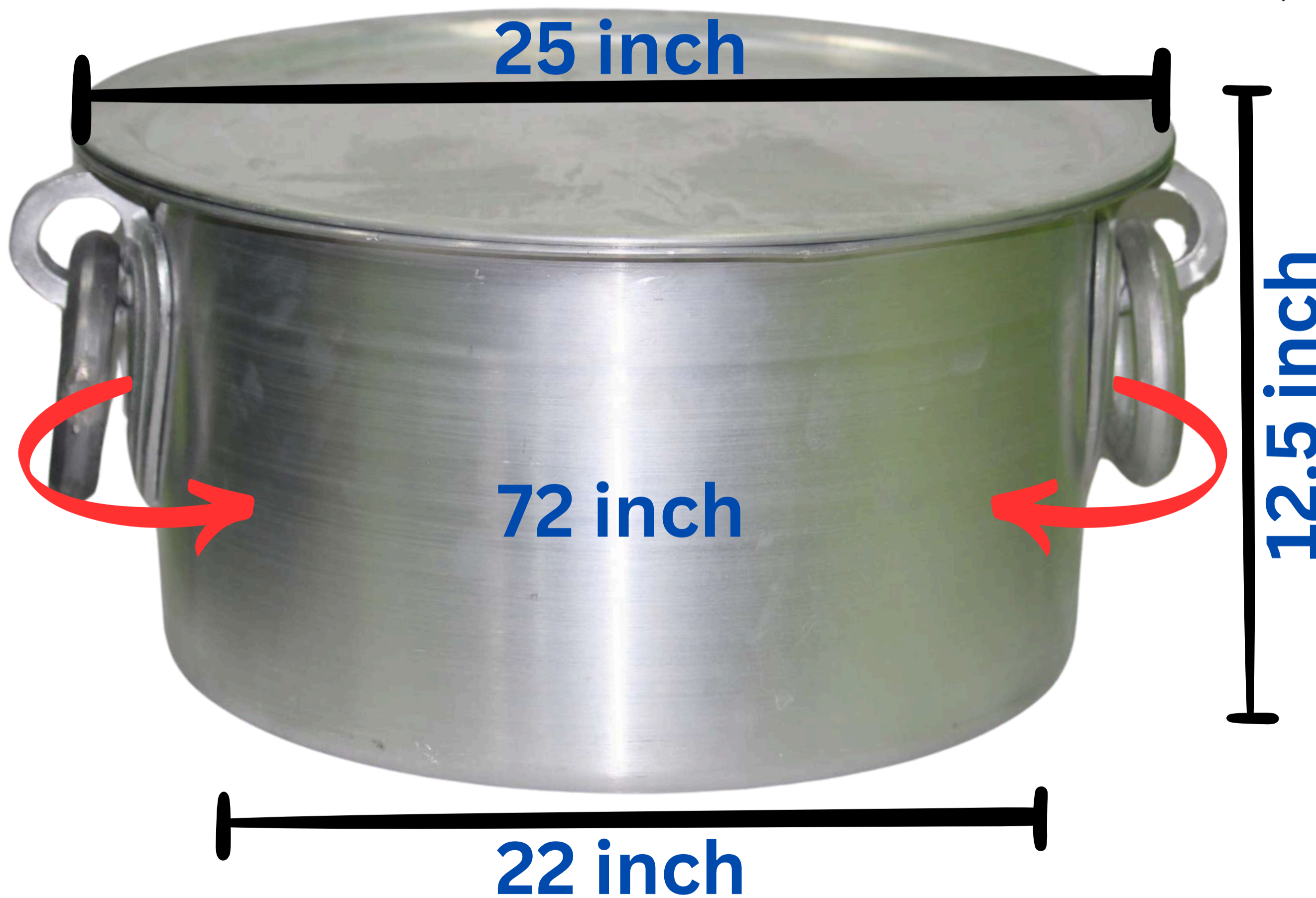


Number 28



Number 32

Aluminum Dekchi एल्युमिनियम डेक्चि



Number 44

Height - 12.5 inch

Mouth - 25 inch

Base - 22 inch

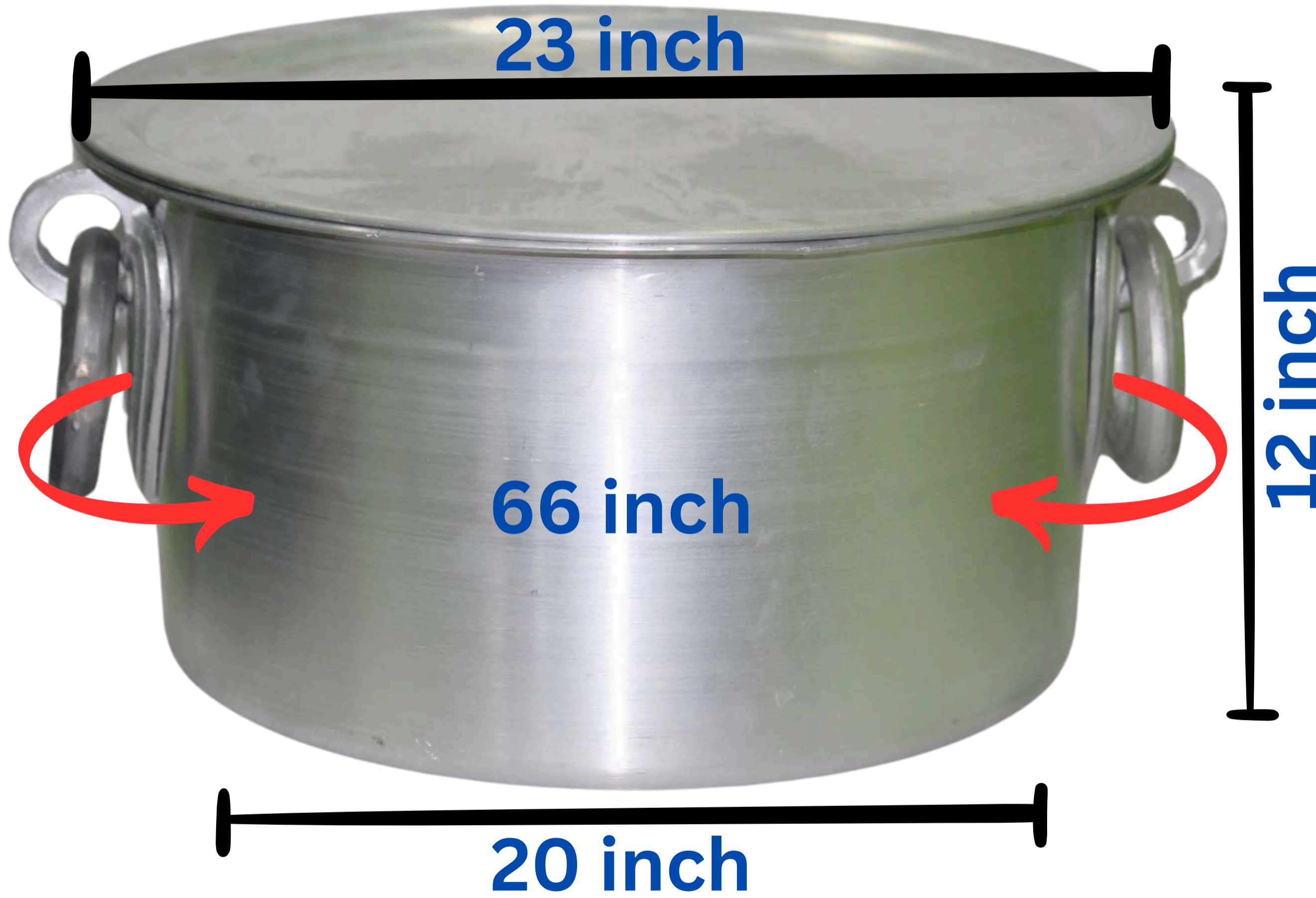
Round - 72 inch

Weight - 10.2 kg

THF-N-ALU-07

Note : Weight is kept including lid.

Aluminum Dekchi एल्युमिनियम डेक्चि



Number 40

Height - 12 inch

Mouth - 23 inch

Base - 20 inch

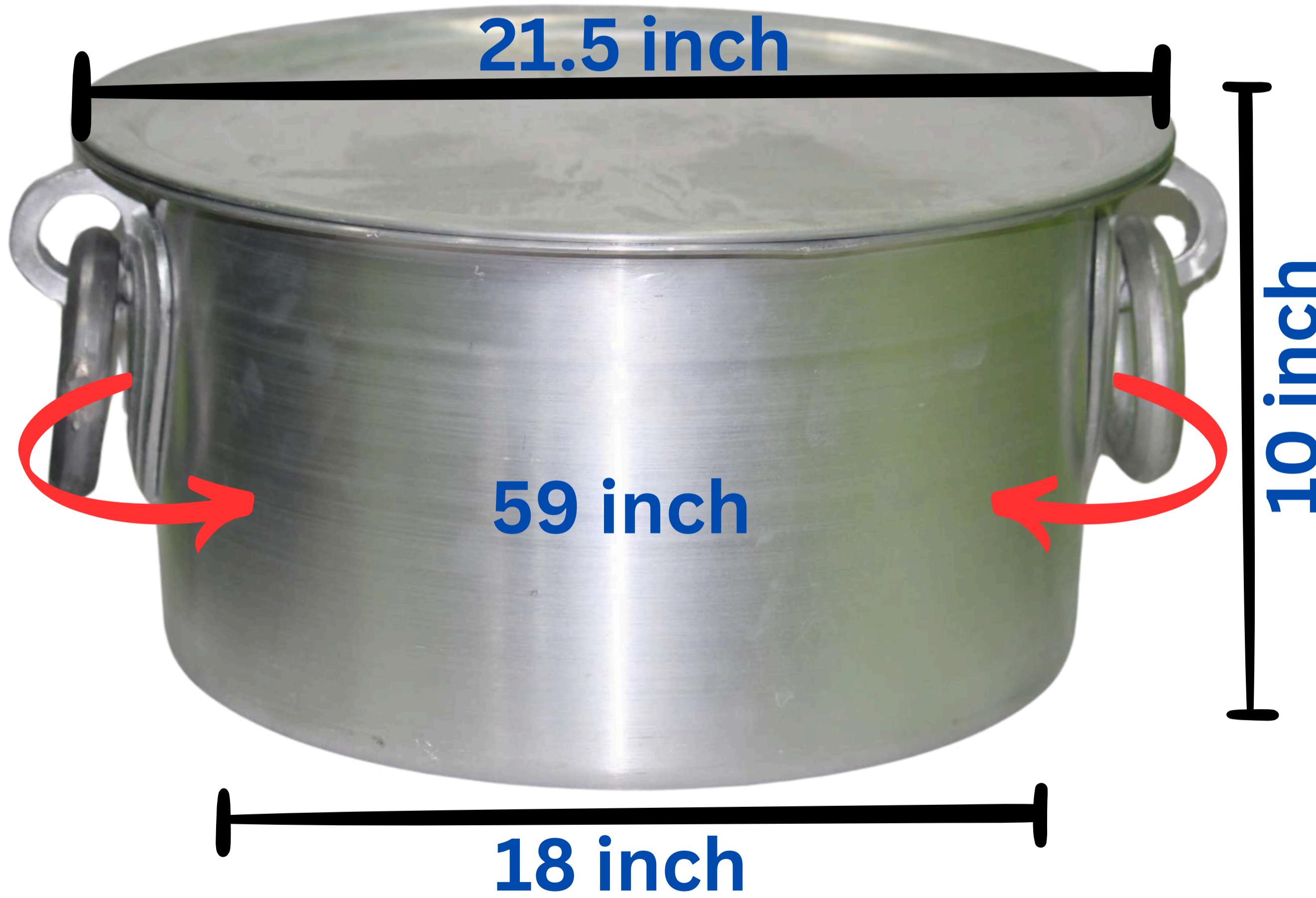
Round - 66 inch

Weight - 8.7 kg

THF-N-ALU-08

Note : Weight is kept including lid.

Aluminum Dekchi एल्युमिनियम डेक्चि



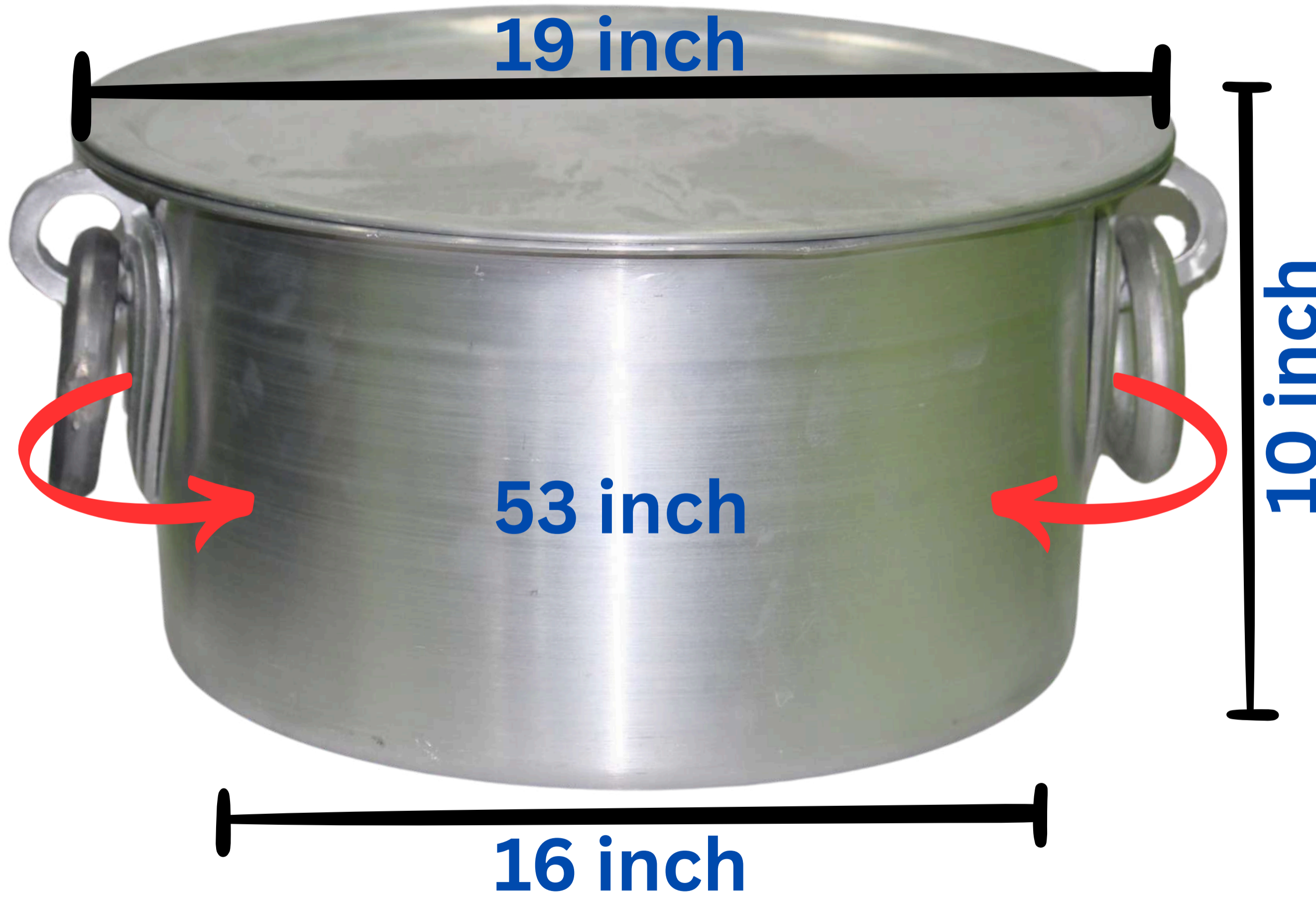
Number 36

Height - 10 inch
Mouth - 21.5 inch
Base - 18 inch
Round - 59 inch
Weight - 7.2 kg

THF-N-ALU-09

Note : Weight is kept including lid.

Aluminum Dekchi एल्युमिनियम डेक्चि



Number 32

Height - 10 inch

Mouth - 19 inch

Base - 26 inch

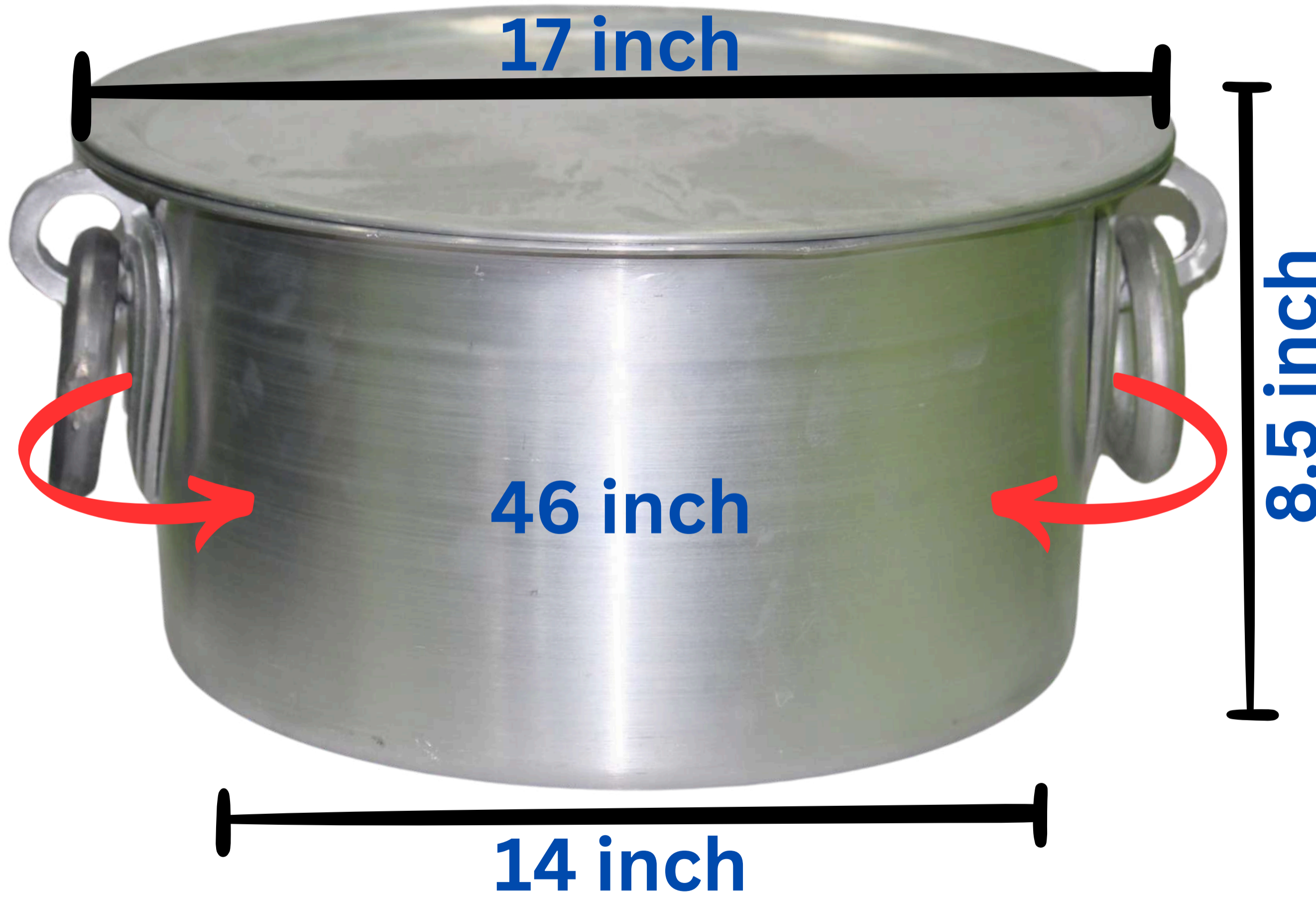
Round - 53 inch

Weight - 6.2 kg

THF-N-ALU-10

Note : Weight is kept including lid.

Aluminum Dekchi एल्युमिनियम डेक्चि



Number 28

Height - 8.5 inch

Mouth - 17 inch

Base - 14 inch

Round - 46 inch

Weight - 4.5 kg

THF-N-ALU-11

Note : Weight is kept including lid.

Aluminum Dekchi

एल्युमिनियम डेक्चि

(Non-Kara)

Number 48

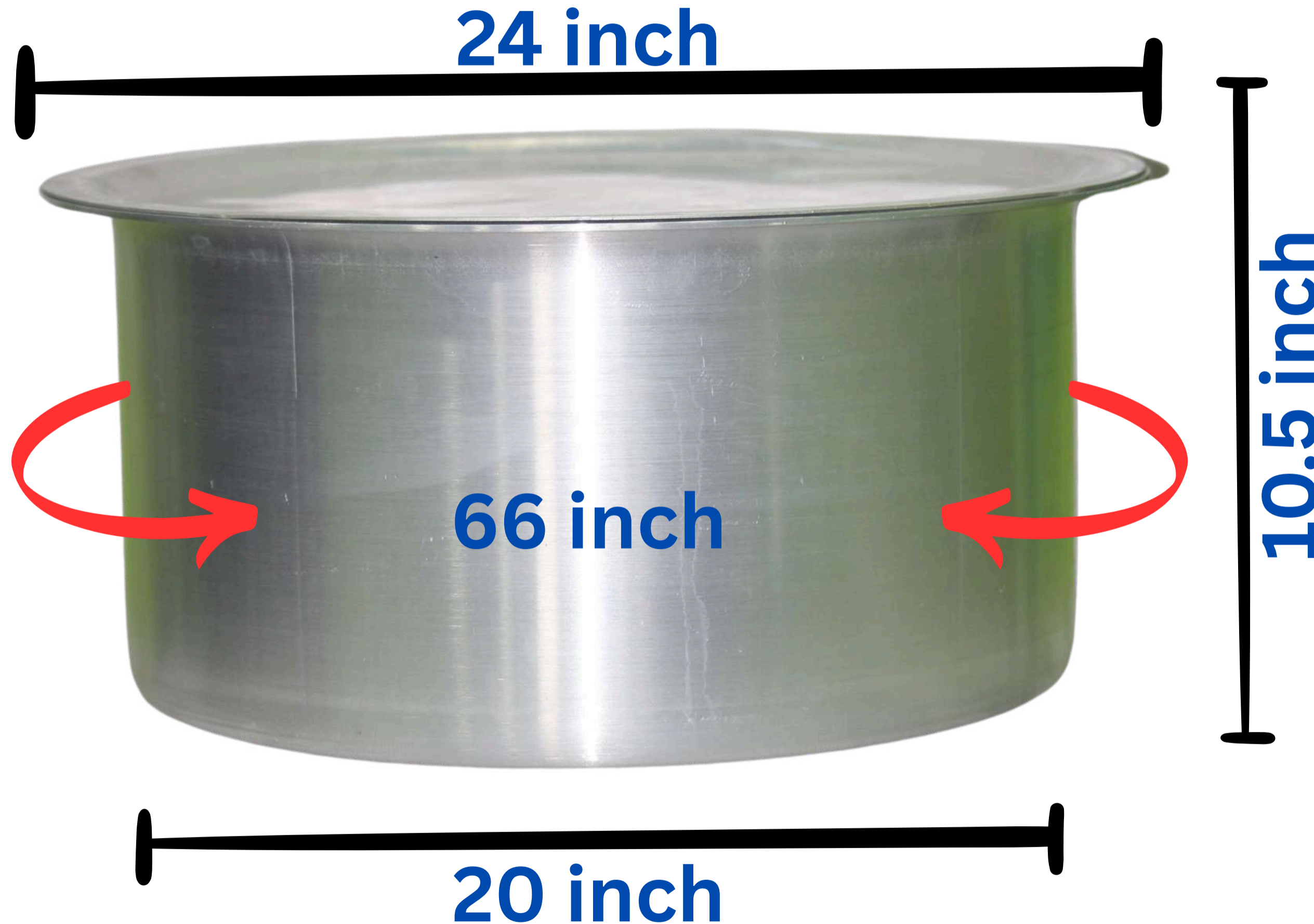
Height - 10.5 inch

Mouth - 24 inch

Base - 20 inch

Round - 66 inch

Weight - 6 kg



THF-N-ALU-12

Note : Weight is kept including lid.

Aluminum Dekchi

एल्युमिनियम डेक्चि

(Non-Kara)

Number 44

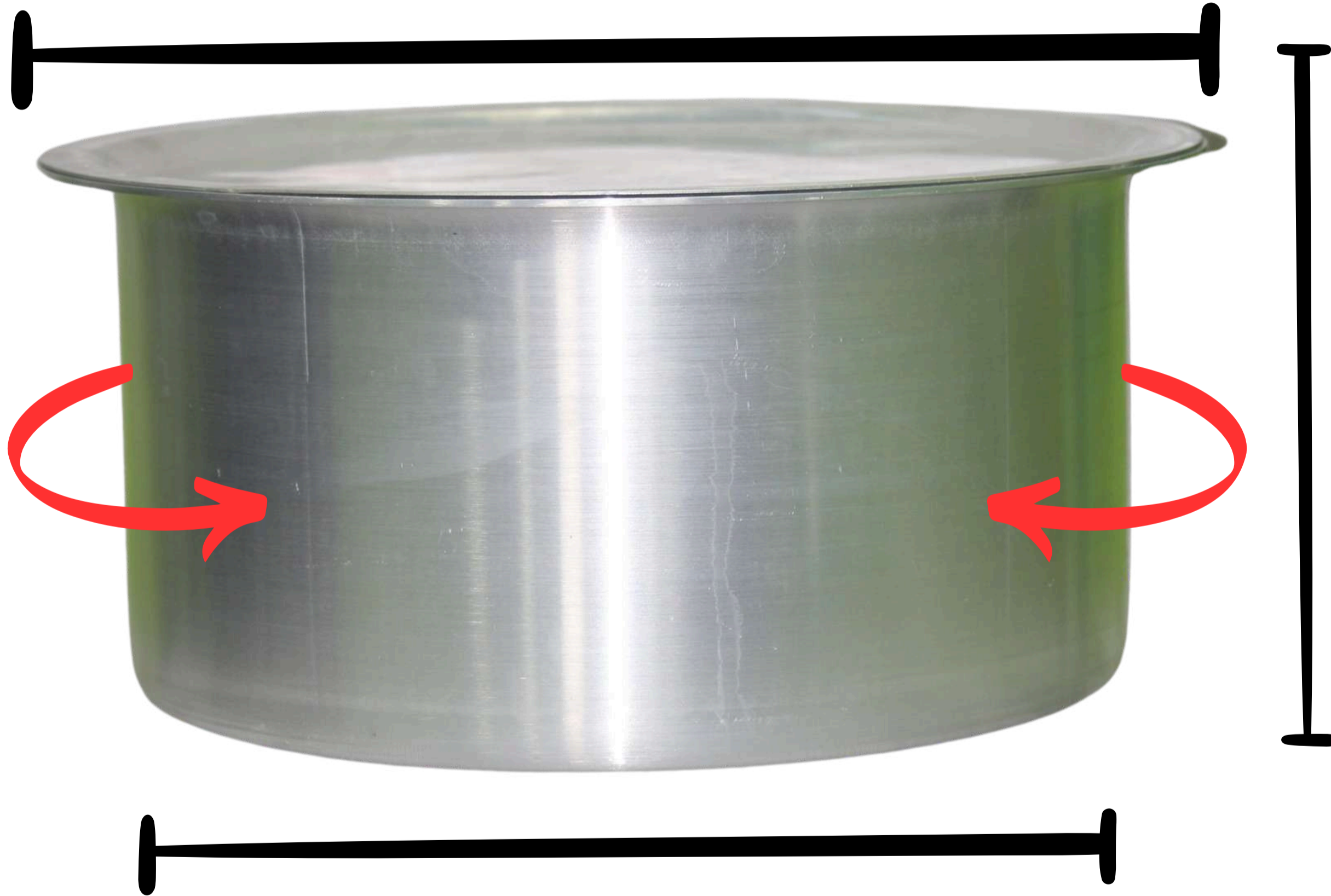
Height - 10 inch

Mouth - 22 inch

Base - 19 inch

Round - 62 inch

Weight - 5.3 kg



THF-N-ALU-13

Note : Weight is kept including lid.

Aluminum Dekchi

एल्युमिनियम डेक्चि

(Non-Kara)

Number 40

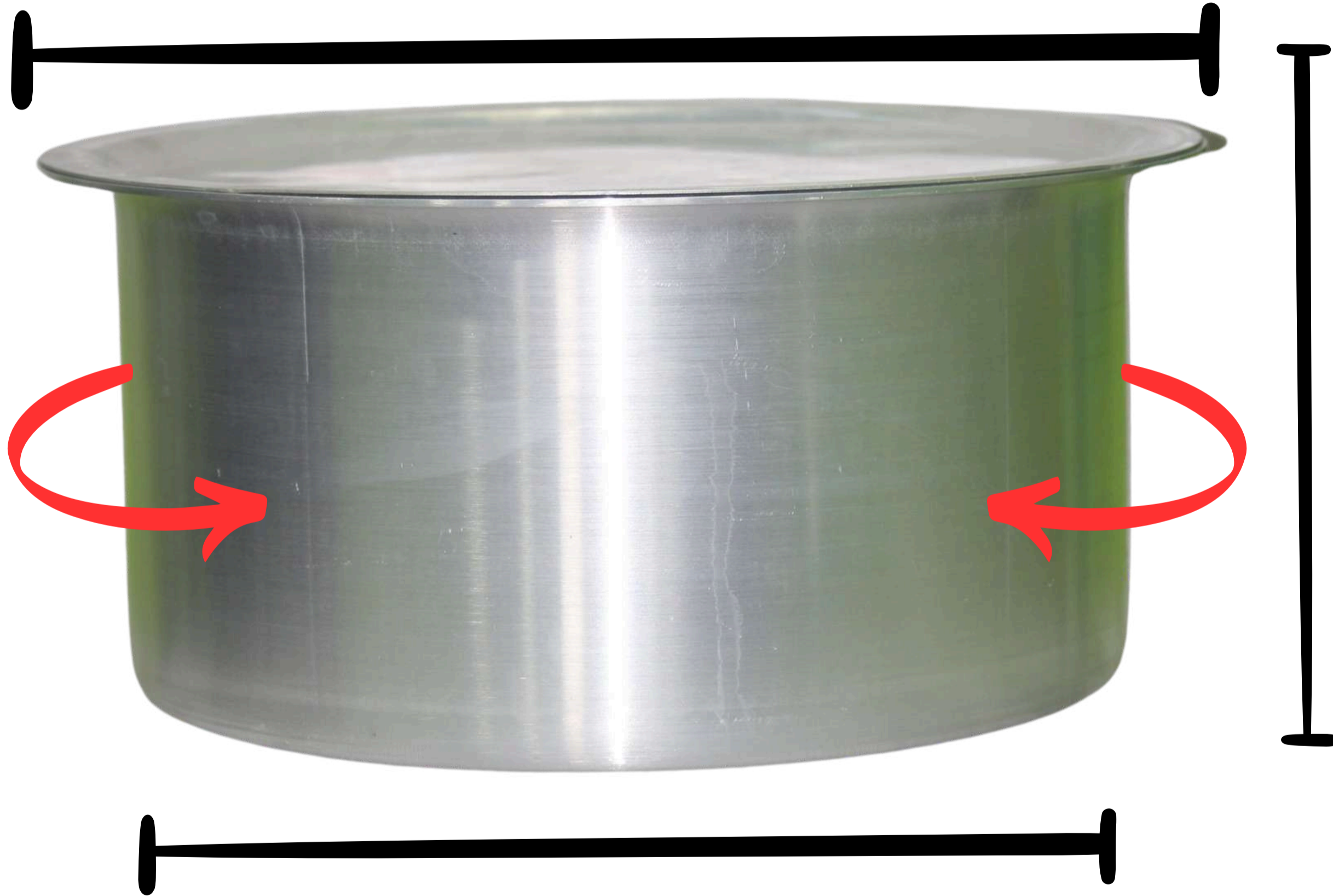
Height - 9 inch

Mouth - 20 inch

Base - 17 inch

Round - 56 inch

Weight - 4.4 kg



THF-N-ALU-14

Note : Weight is kept including lid.

Aluminum Dekchi

एल्युमिनियम डेक्चि

(Non-Kara)

Number 36

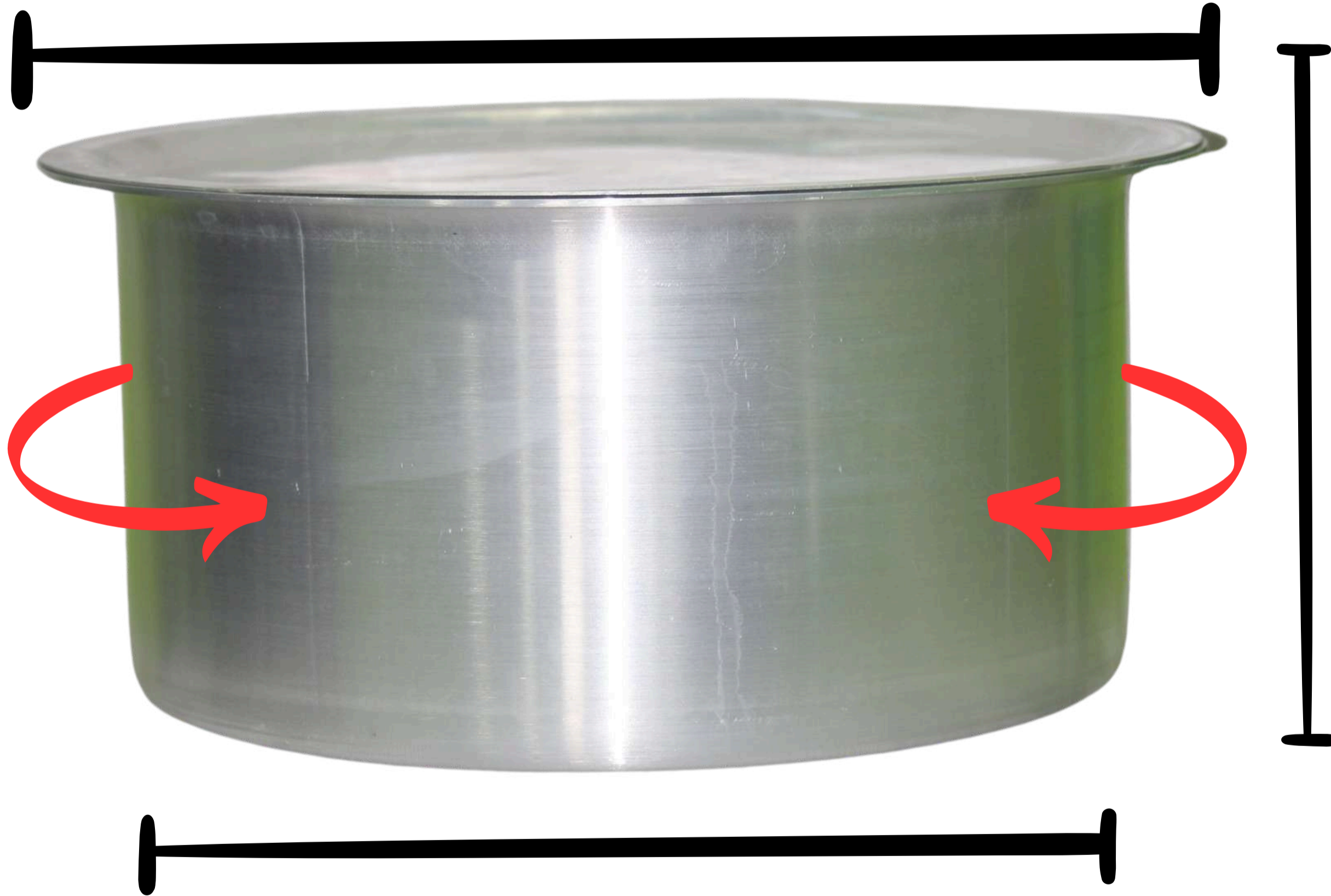
Height - 8.5 inch

Mouth - 18 inch

Base - 16 inch

Round - 51 inch

Weight - 3.6 kg



THF-N-ALU-15

Note : Weight is kept including lid.

Aluminum Dekchi

एल्युमिनियम डेक्चि

(Non-Kara)

Number 32

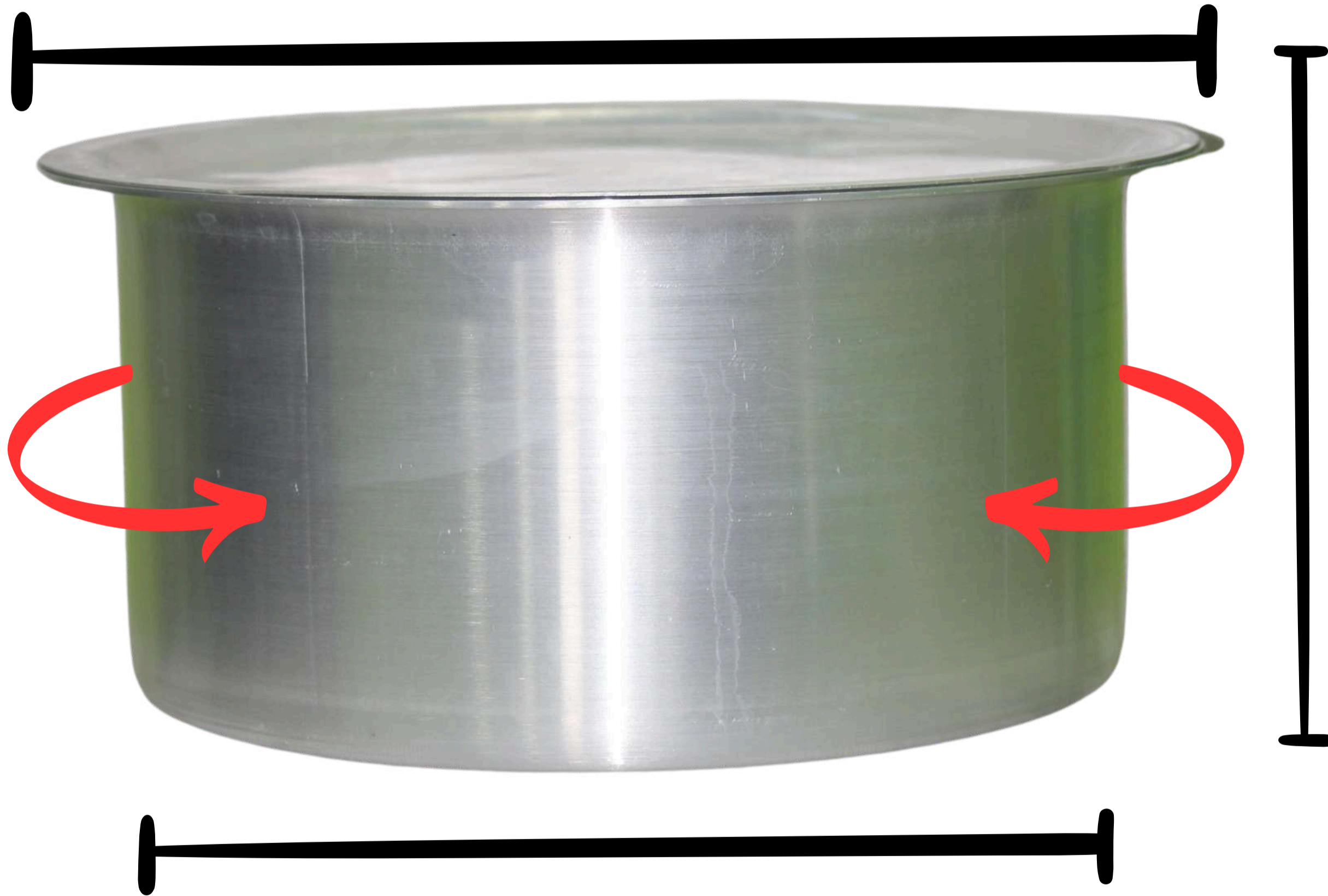
Height - 7.5 inch

Mouth - 16 inch

Base - 14 inch

Round - 45 inch

Weight - 2.7 kg



THF-N-ALU-16

Note : Weight is kept including lid.

Aluminum Dekchi

एल्युमिनियम डेक्चि

(Non-Kara)

Number 28

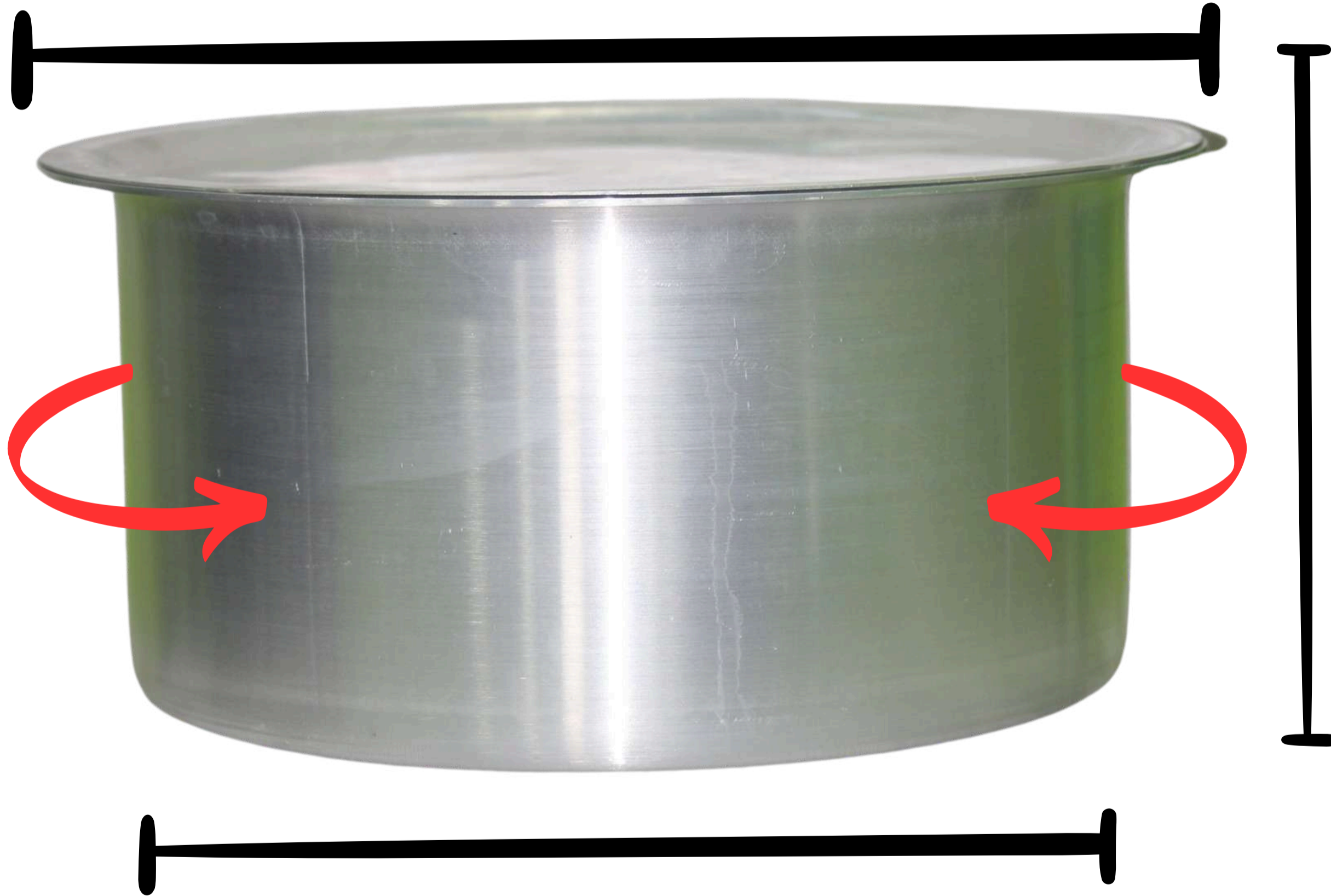
Height - 6.5 inch

Mouth - 14 inch

Base - 12 inch

Round - 38 inch

Weight - 2 kg



THF-N-ALU-17

Note : Weight is kept including lid.

Aluminum Dekchi

एल्युमिनियम डेक्चि

(Non-Kara)

Number 24

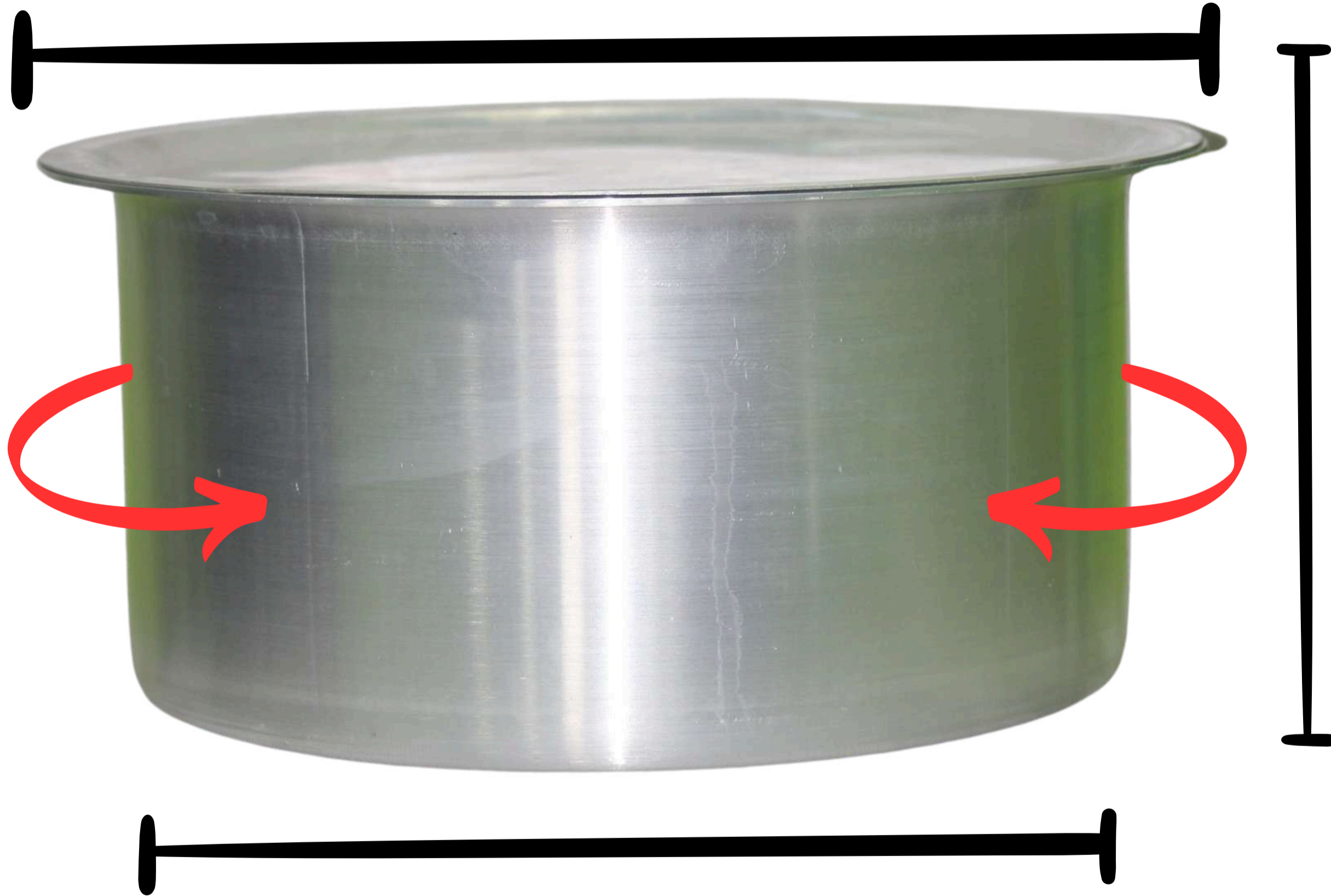
Height - 6 inch

Mouth - 12 inch

Base - 10 inch

Round - 32 inch

Weight - 1.5 kg



THF-N-ALU-18

Note : Weight is kept including lid.

Aluminum Momo Set

एल्युमिनियम मःमः सेट



14 Number



12 Number



10 Number



Aluminum Momo Set एल्युमिनियम मःमः सेट

Number 14

Height - 17.5 inch

Mouth - 14 inch

Base - 13.8 inch

Round - 45 inch

Weight - 3.2 kg

THF-N-ALU-19



Aluminum Momo Set एल्युमिनियम मःमः सेट

Number 12

Height - 16 inch

Mouth - 12 inch

Base - 11.8 inch

Round - 39 inch

Weight - 2.5 kg

THF-N-ALU-20



Aluminum Momo Set
एल्युमिनियम मःमः सेट

Number 10

Height - 14.5 inch

Mouth - 10 inch

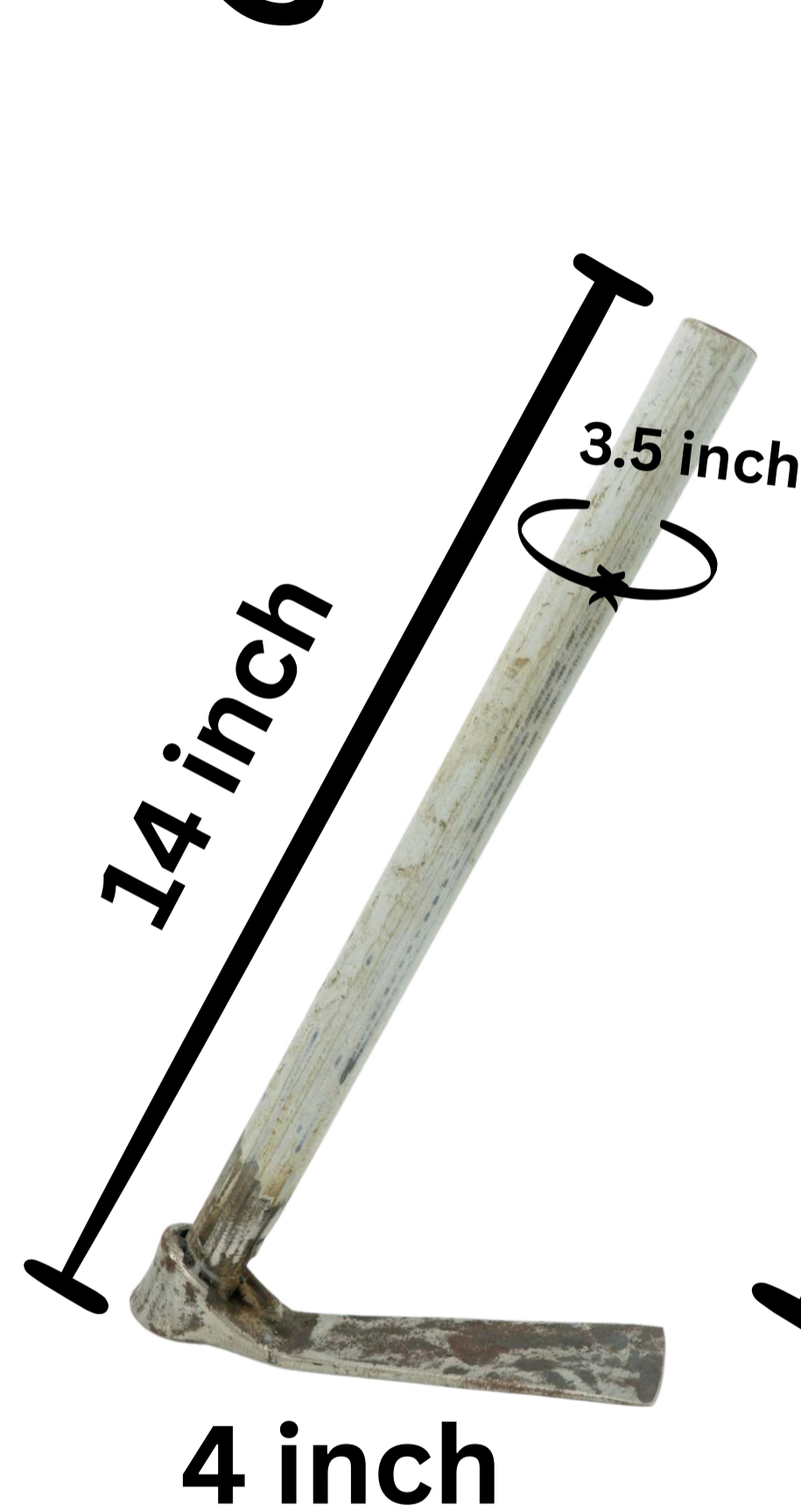
Base - 9.8 inch

Round - 32.5 inch

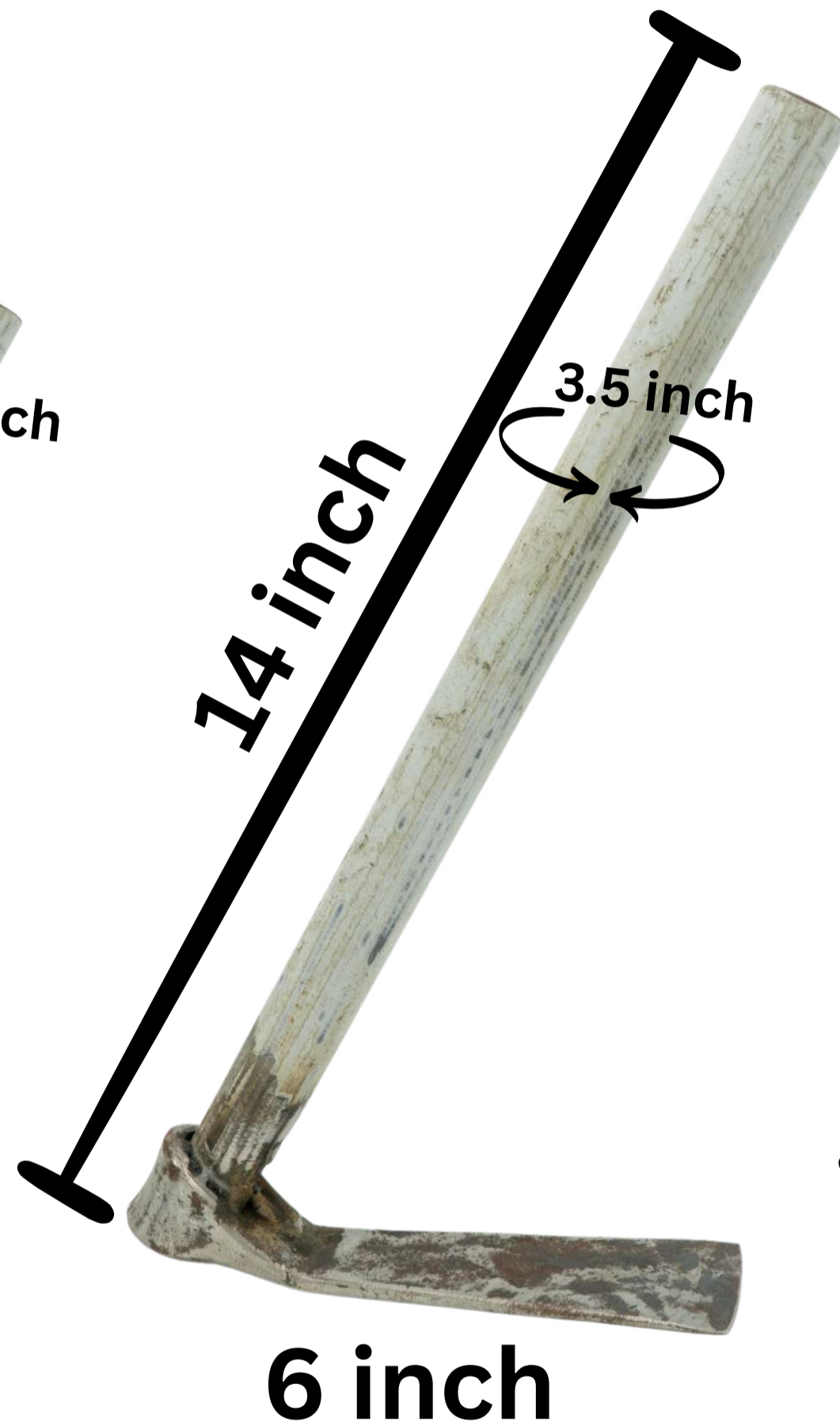
Weight - 1.9 kg

THF-N-ALU-21

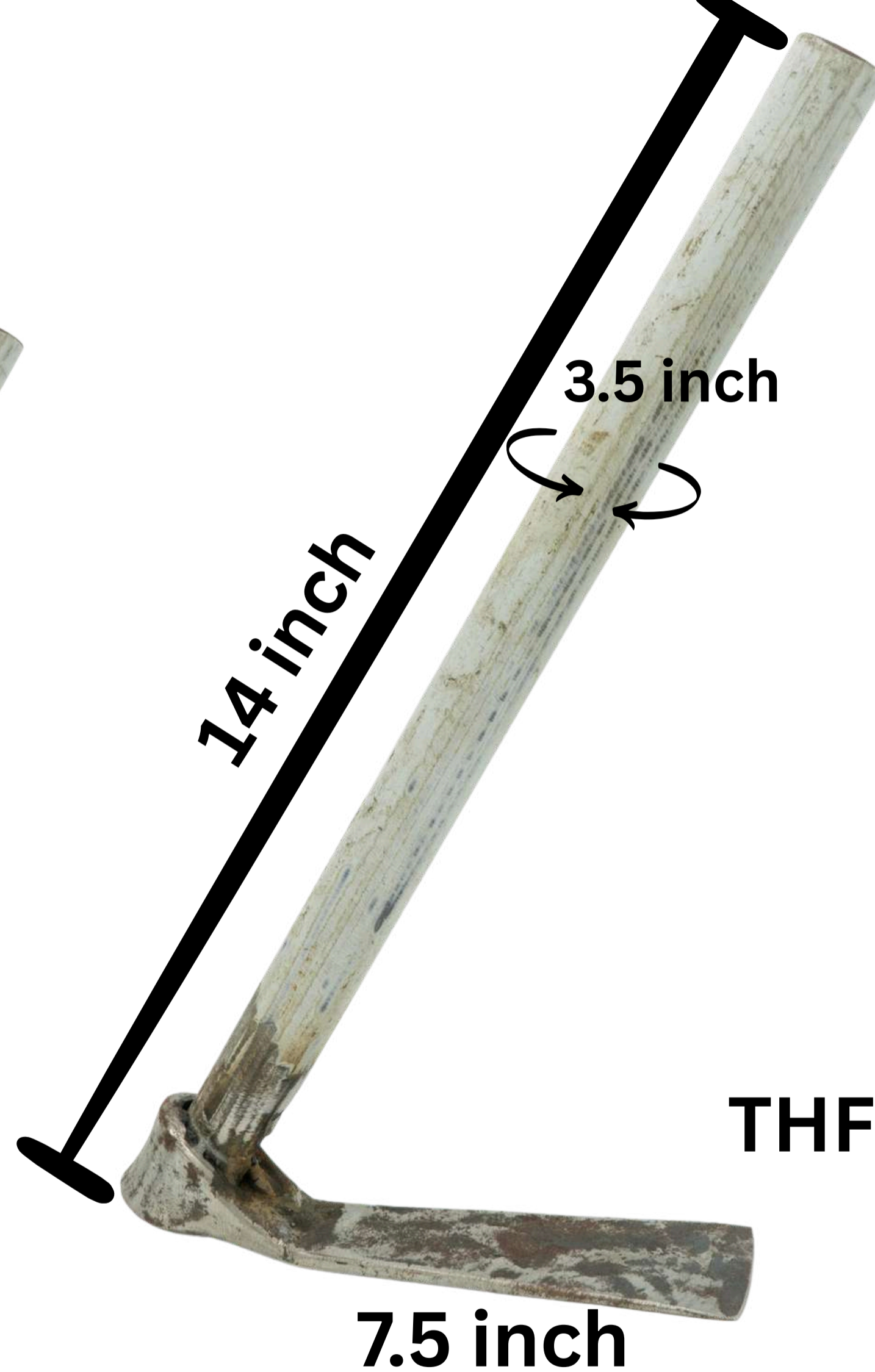
कुटो (Kuto)



Small size



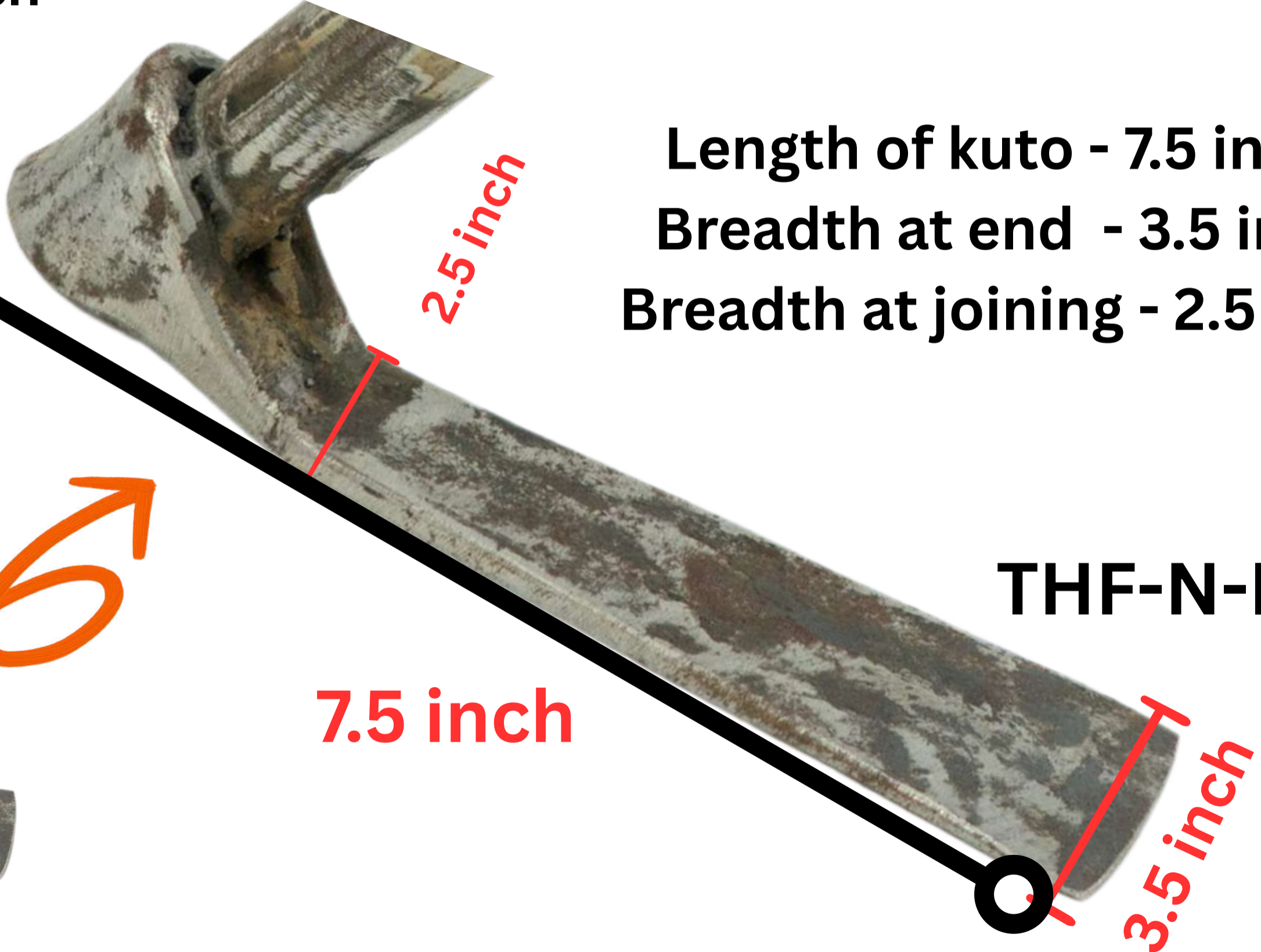
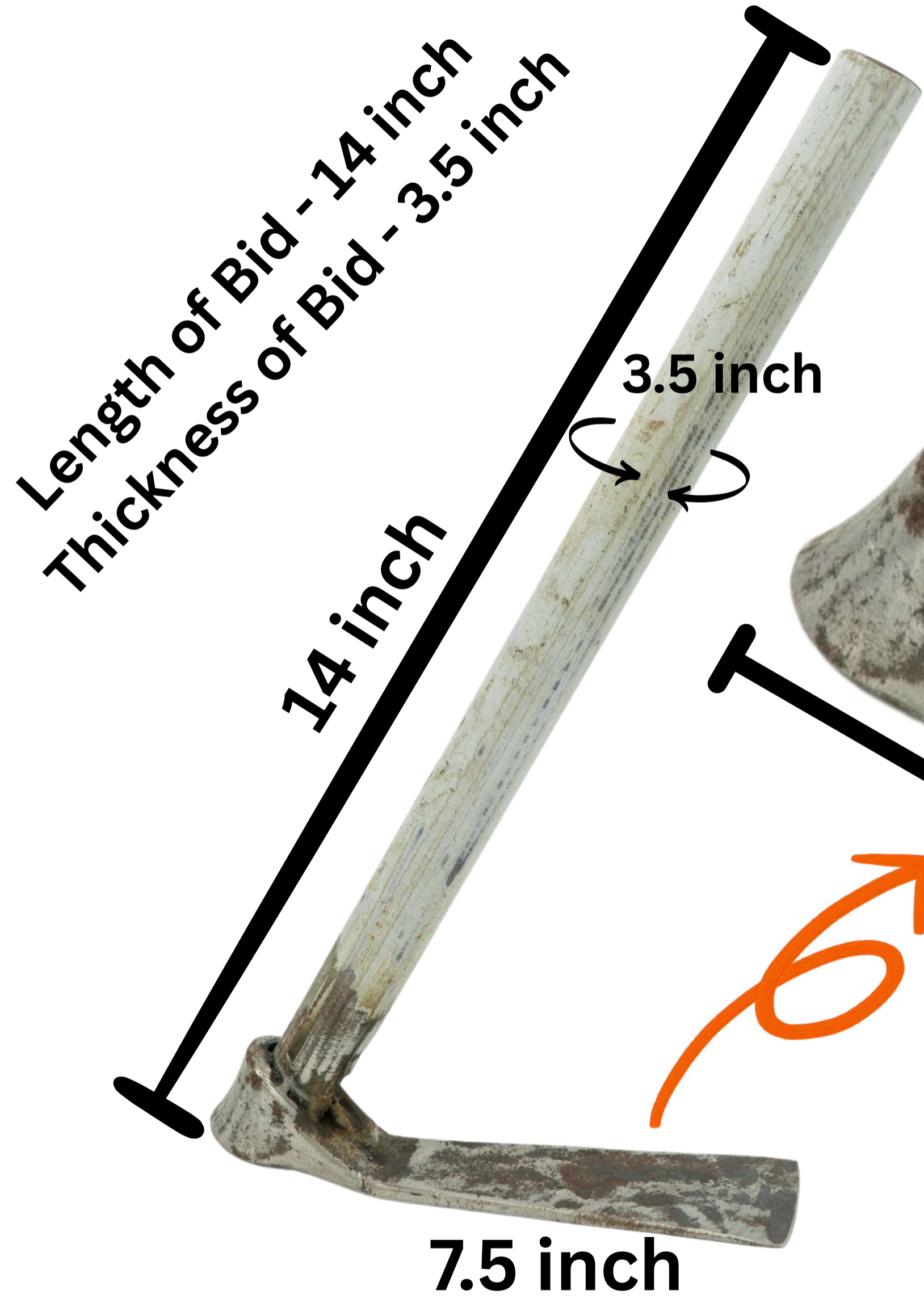
Medium size



Large size

THF-N-IR-01

कुटो (Kuto)



Length of kuto - 7.5 inch
Breadth at end - 3.5 inch
Breadth at joining - 2.5 inch



THF-N-IR-01

कुटो (Kuto)

Length of Bid - 14 inch

Thickness of Bid - 3.5 inch

Length of kuto - 7.5 inch

Breadth at end - 3.5 inch

Breadth at joining - 2.5 inch

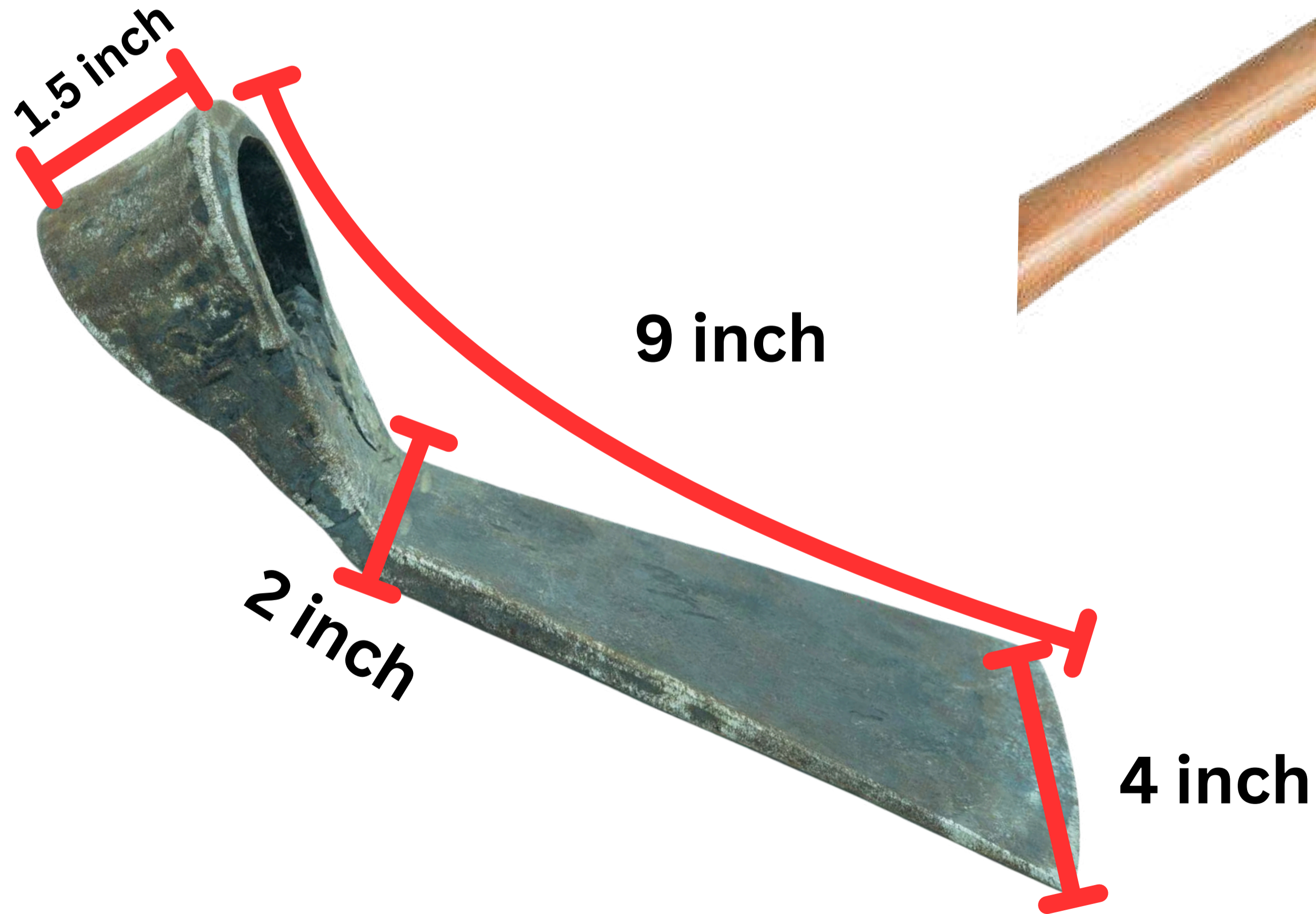
WEIGHT WITH BID - 550 GRAM

(Weight & Size can be made according to demand

NOTE: Two options for Bid

- 1. Metal (as shown in picture) .**
- 2. Wodden .**

कोदालो (Kodalo)



बिड

THF-N-IR-02



7 Inch



10 Inch



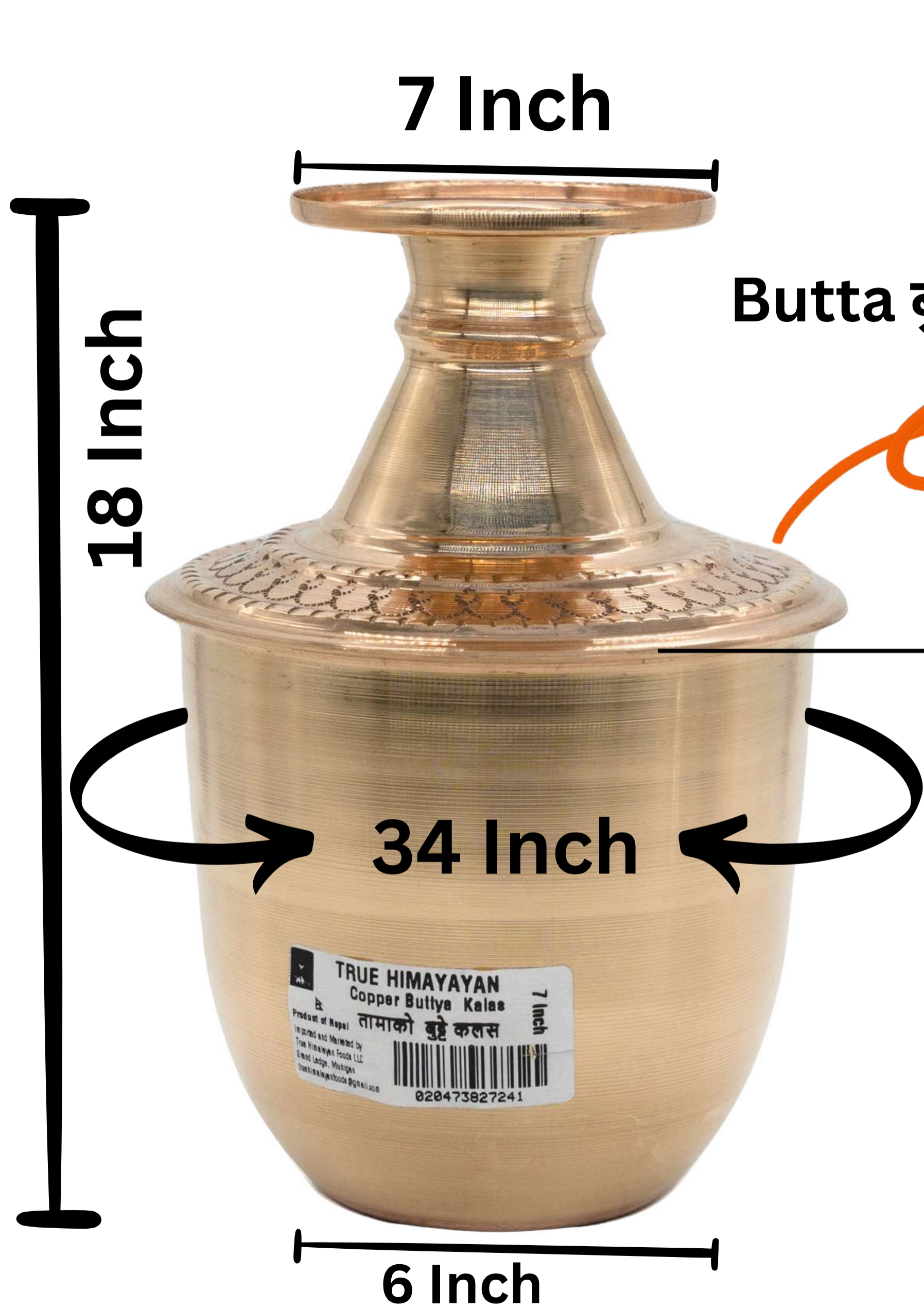
13 Inch



18 Inch

Copper Buttya Gagree
तामाको बुट्टे गाग्री

THF-N-CU-01/04

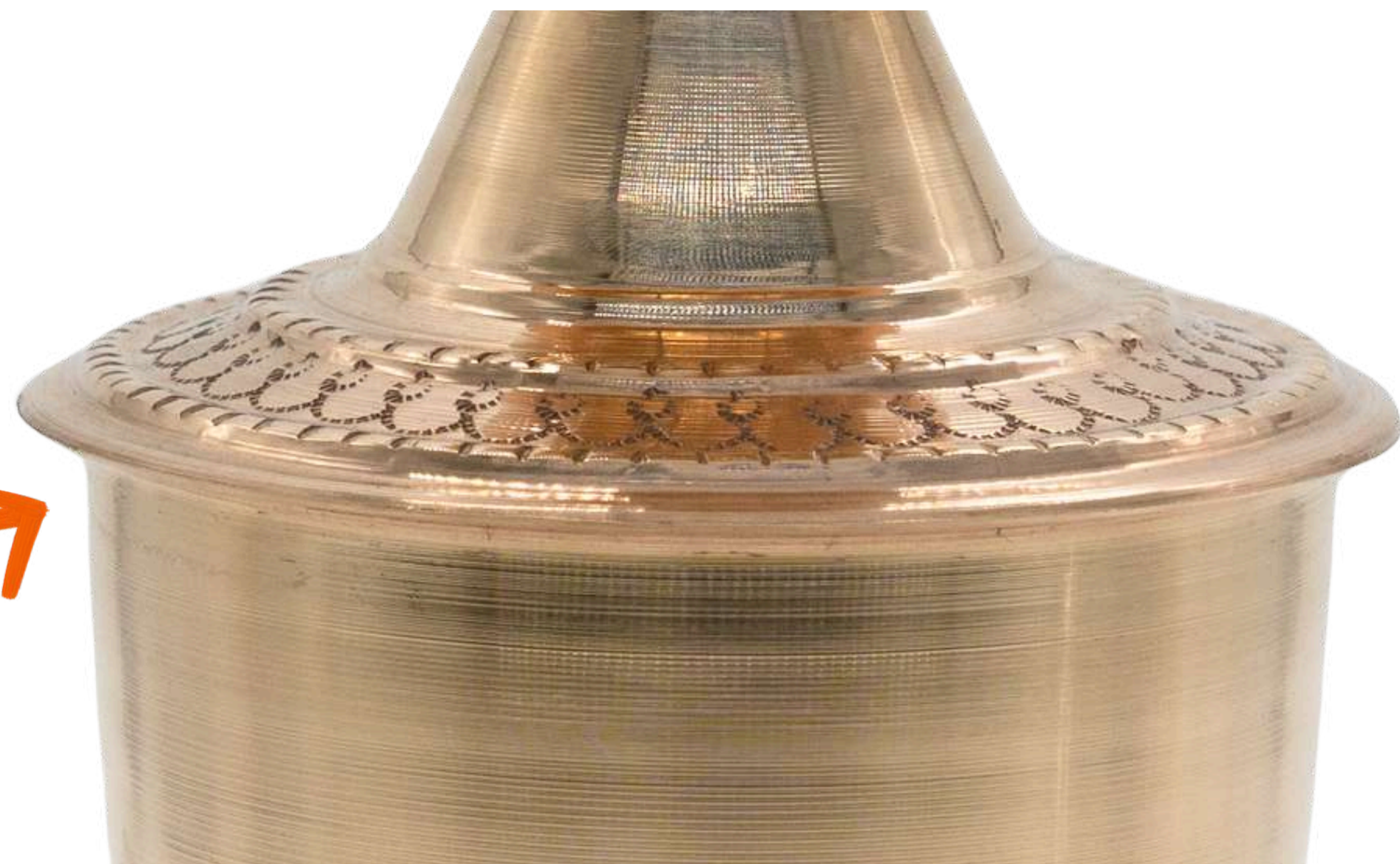
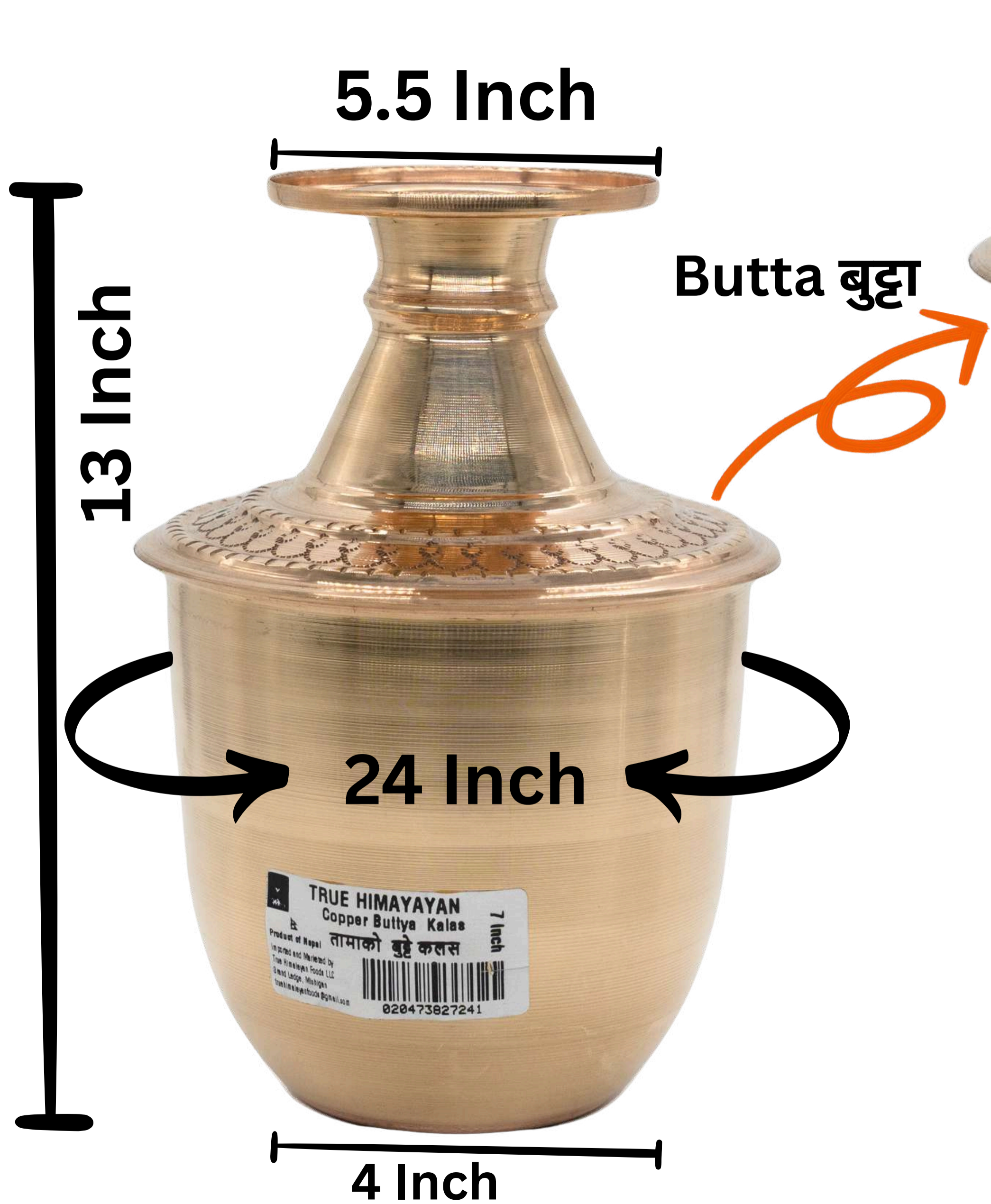


Butta बुट्टा



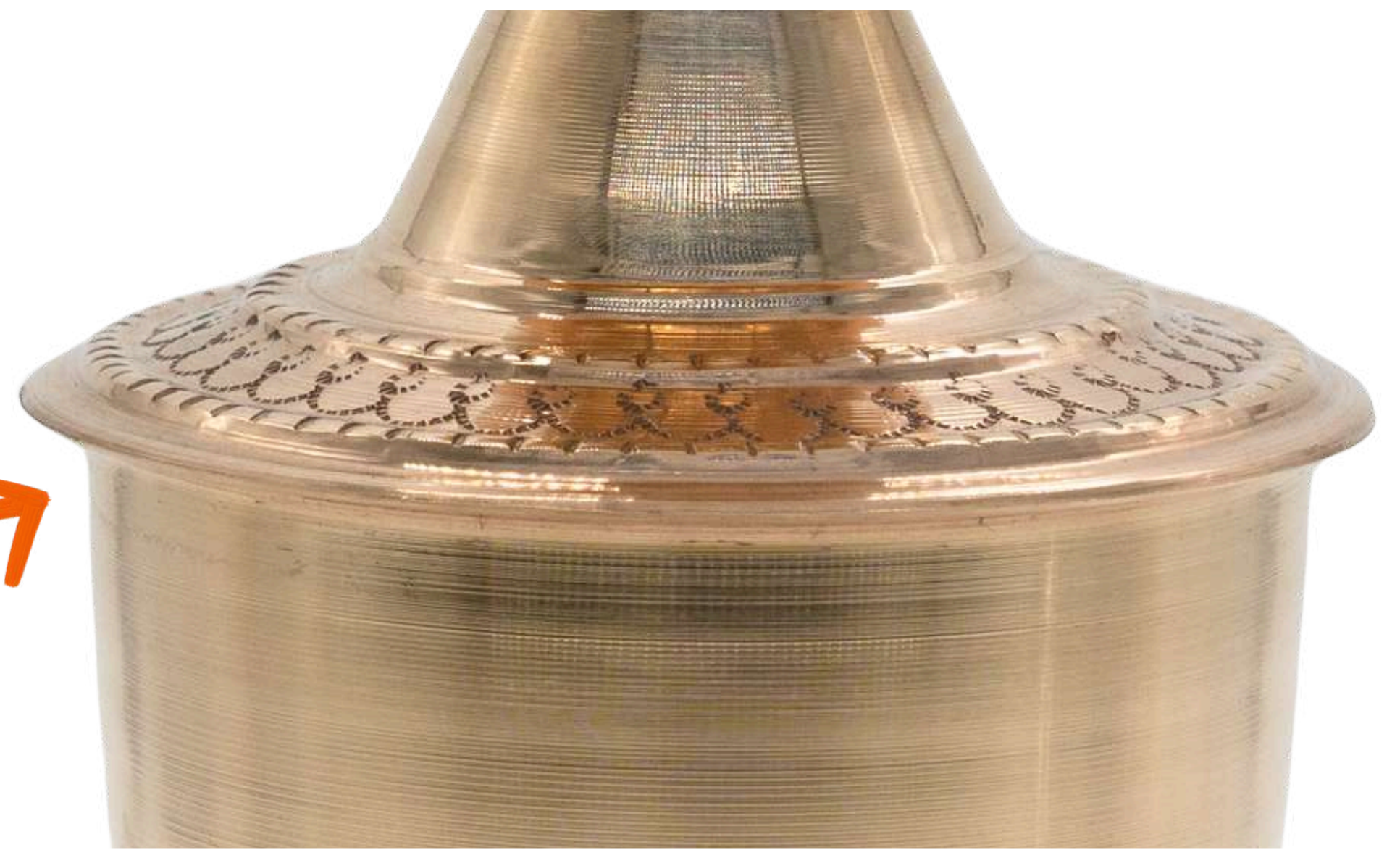
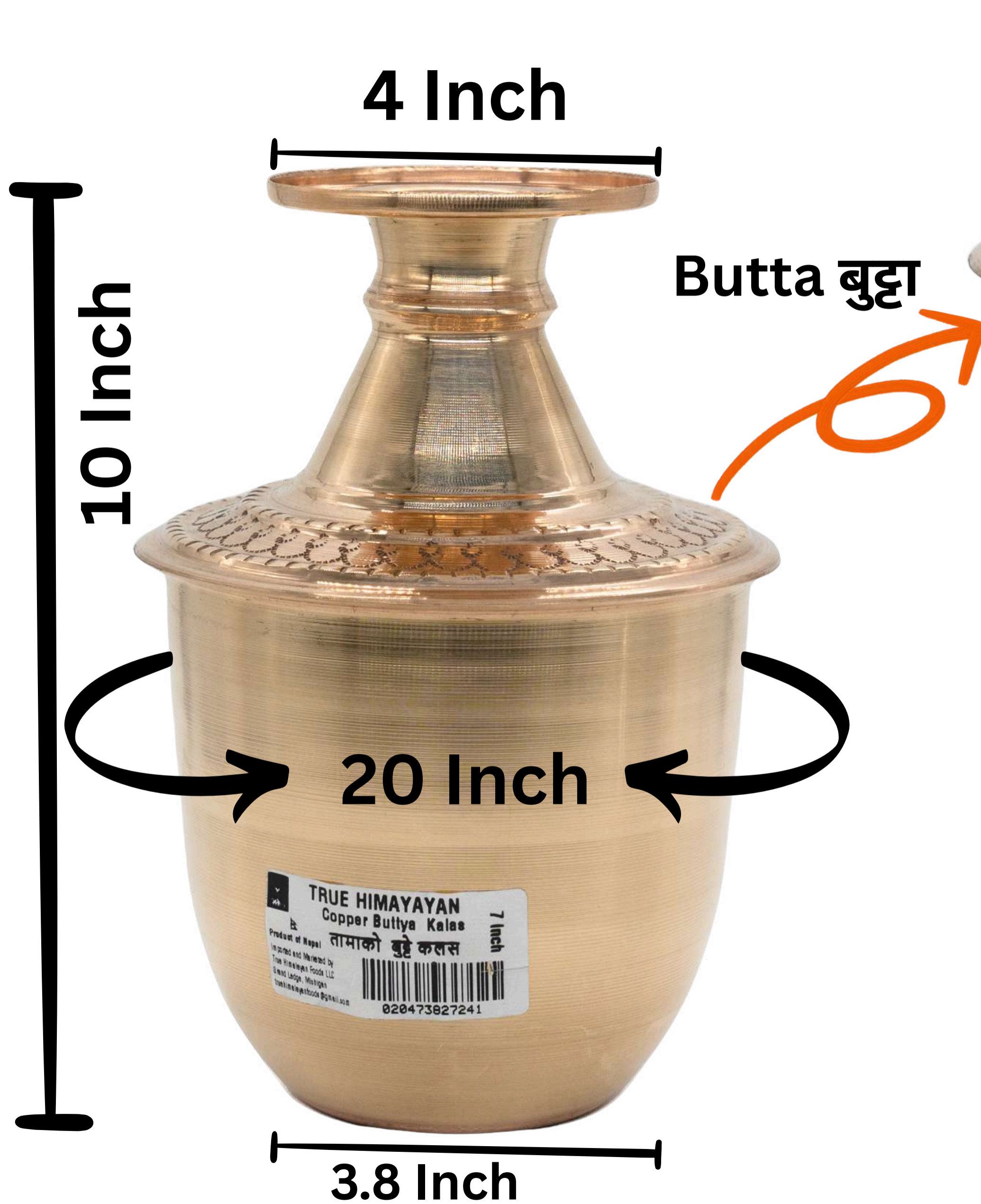
Number 18
Height - 18 inch
Mouth - 7 inch
Base - 6 inch
Round - 34 inch
Weight - 2-2.3kg

THF-N-CU-01



Number 13
Height - 13 inch
Mouth - 5.5 inch
Base - 4 inch
Round - 24 inch
Weight - 1.1kg

THF-N-CU-02



Number 10
Height - 10 inch
Mouth - 4 inch
Base - 3.8 inch
Round - 20 inch
Weight - 650 gram THF-N-CU-03



Butta बुट्टा



Number 7
Height - 7 inch
Mouth - 3 inch
Base - 3 inch
Round - 16 inch
Weight - 450 gram THF-N-CU-04



3 Inch



4 Inch

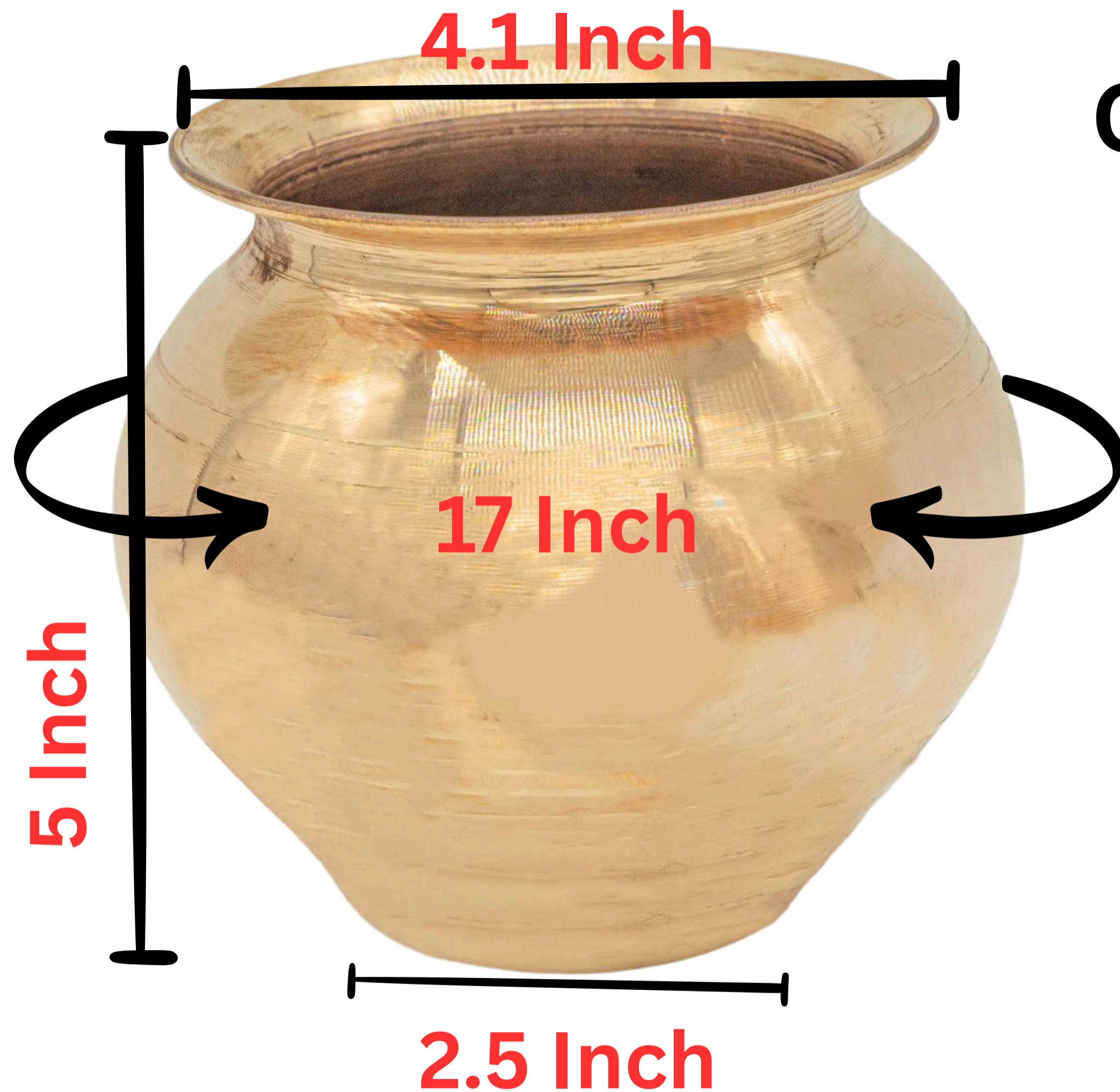


5 Inch

Copper Aastu Lota

तामाको अस्तुलोटा

THF-N-CU-05/07



Copper Aastu Lota तामाको अस्तुलोटा

Number 5

Height - 5 inch

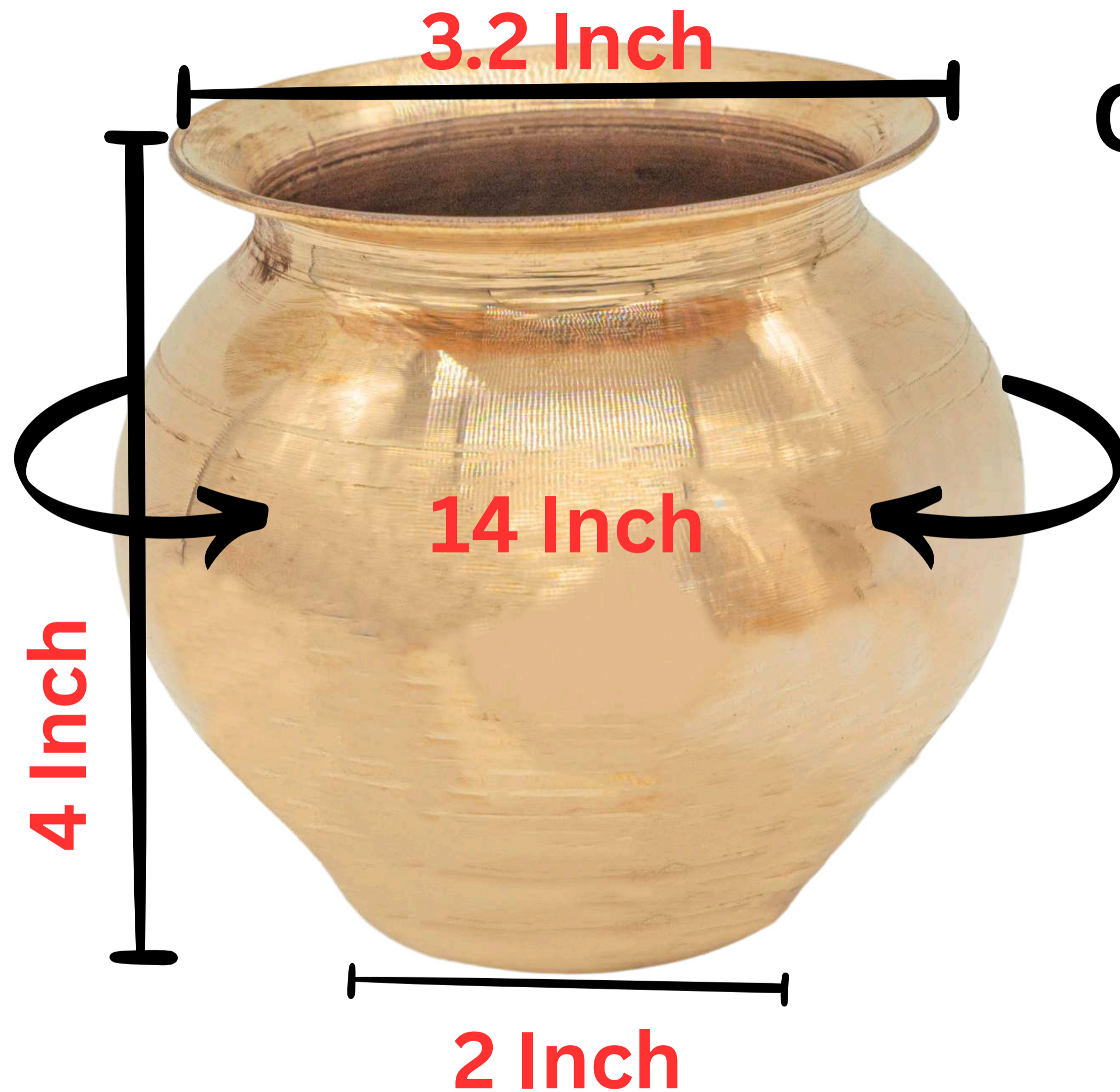
Mouth - 4.1 inch

Base - 2.5 inch

Round - 17 inch

Weight - 250 gram

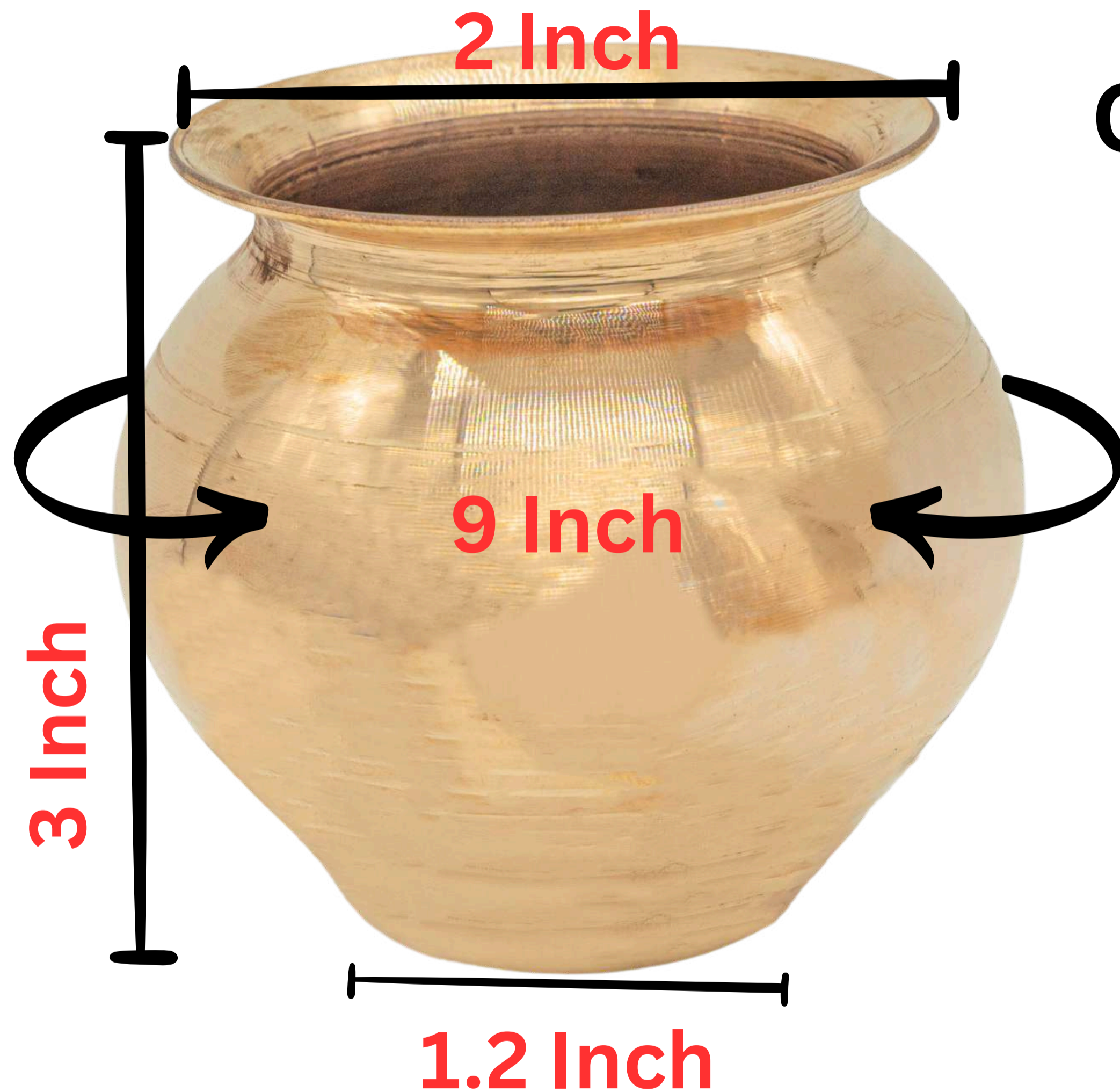
THF-N-CU-05



Copper Aastu Lota
तामाको अस्तुलोटा

Number 4
Height - 4 inch
Mouth - 3.2 inch
Base - 2 inch
Round - 14 inch
Weight - 180 gram

THF-N-CU-06



Copper Aastu Lota

तामाको अस्तुलोटा

Number 3

Height - 3 inch

Mouth - 2 inch

Base - 1.5 inch

Round - 9 inch

Weight - 100 gram

THF-N-CU-07



18 Inch



14 Inch



12 Inch

THF-N-CU-08/11



7 Inch

Copper Buttya Khadkulo

तामाको बुट्टे खड्कुलो



Number 18
Height - 5 inch
Mouth - 18 inch
Base - 19 inch
Round - 52 inch
Weight - 2 kg

THF-N-CU-08

Copper Buttya Khadkulo

तामाको बुट्टे खड्कुलो



Number 14
Height - 4 inch
Mouth - 14 inch
Base - 15 inch
Round - 45 inch
Weight - 1.6 kg

THF-N-CU-09

Copper Buttya Khadkulo

तामाको बुट्टे खड्कुलो

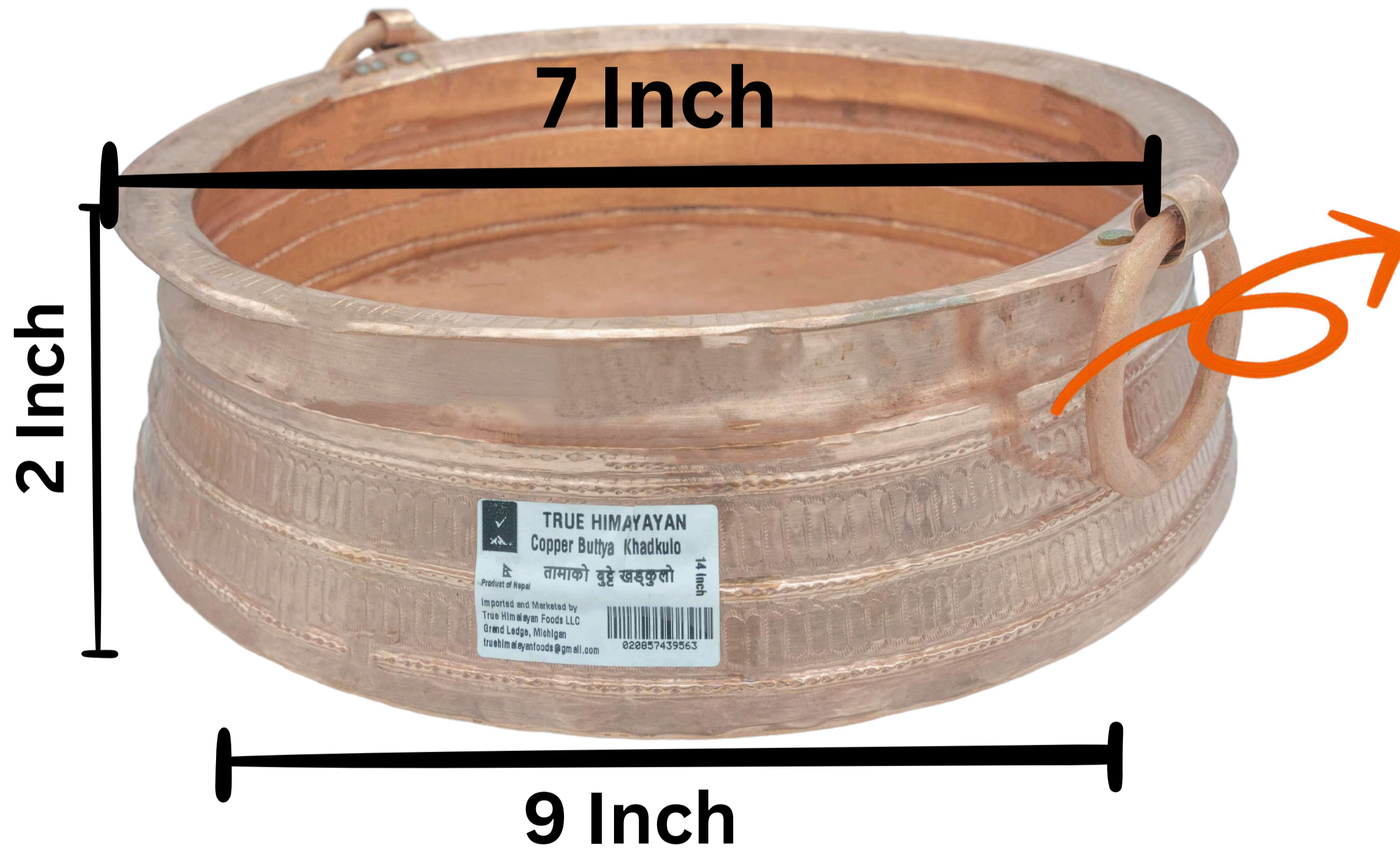


Number 12
Height - 3.5 inch
Mouth - 12 inch
Base - 13 inch
Round - 38 inch
Weight - 1.2 kg

THF-N-CU-10

Copper Buttya Khadkulo

तामाको बुट्टे खड्कुलो



THF-N-CU-11

Number 7
Height - 2 inch
Mouth - 7 inch
Base - 9 inch
Round - 24 inch
Weight - 600 gram

Trikuti Jaldhara

त्रिकुटी जलधारा



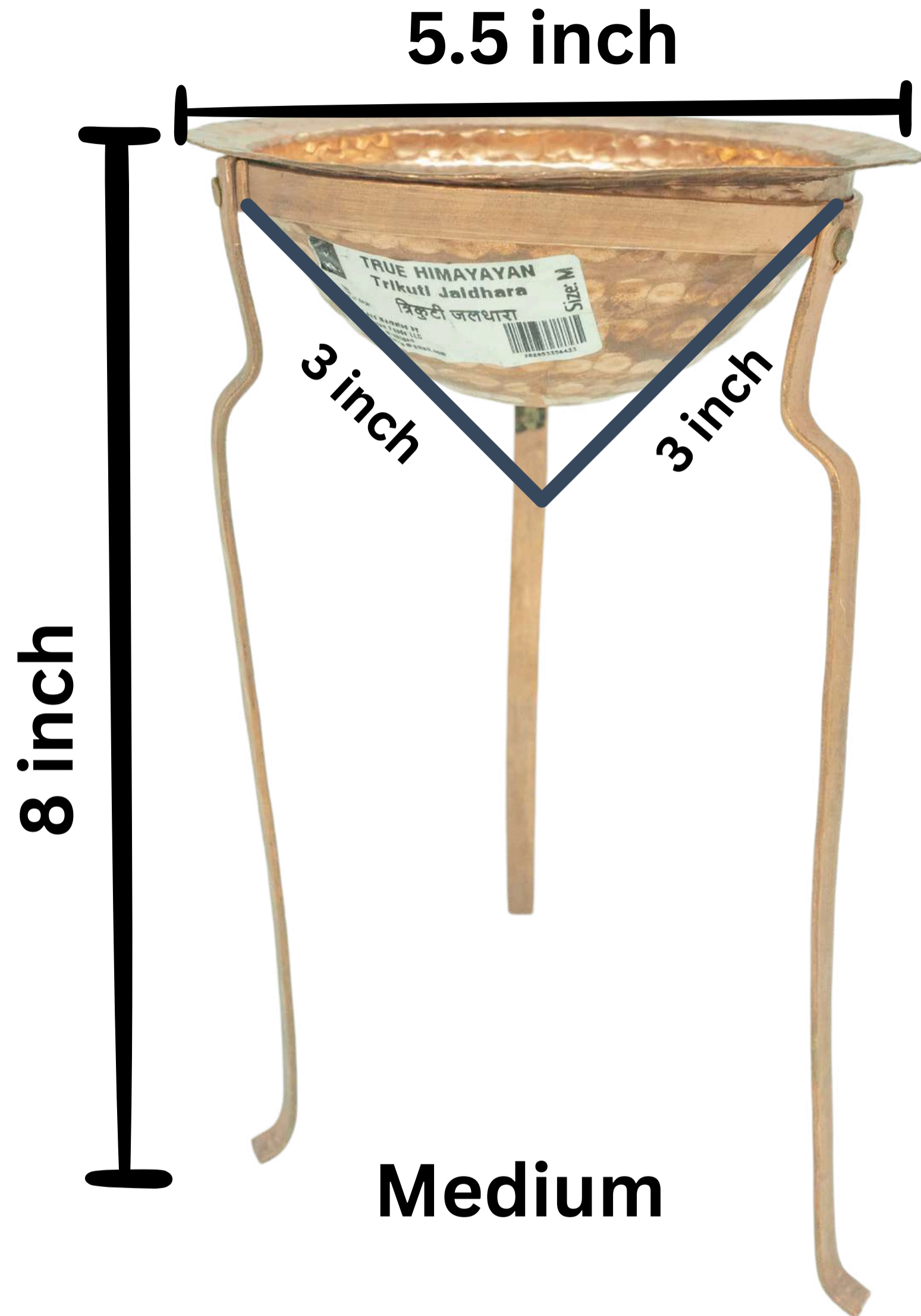
Small



Medium



Large



Trikuti Jaldhara

त्रिकुटी जलधारा

Number 8

Height - 8 inch

Mouth - 5.5 inch

Base - 3/3 inch

Round - 13.5 inch

Weight - 600 gram

THF-N-CU-12

**Note: Medium size is Considered as Normal Size.
But we can make according to Demand**

Diyos दियो



2 Inch

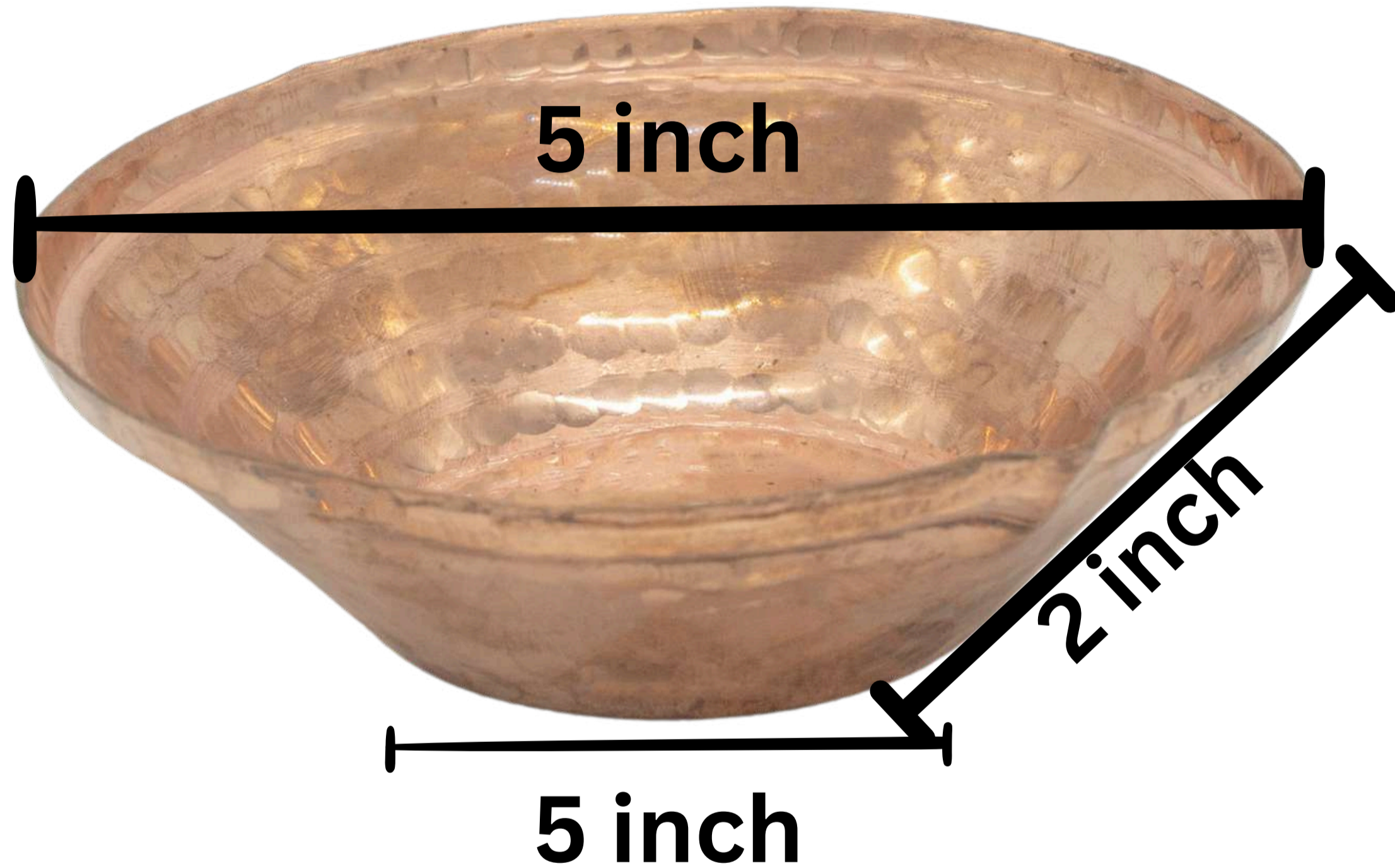


3 Inch



5 Inch

Diyo **दियो**



Number 5

Height - 2 inch

Mouth - 5 inch

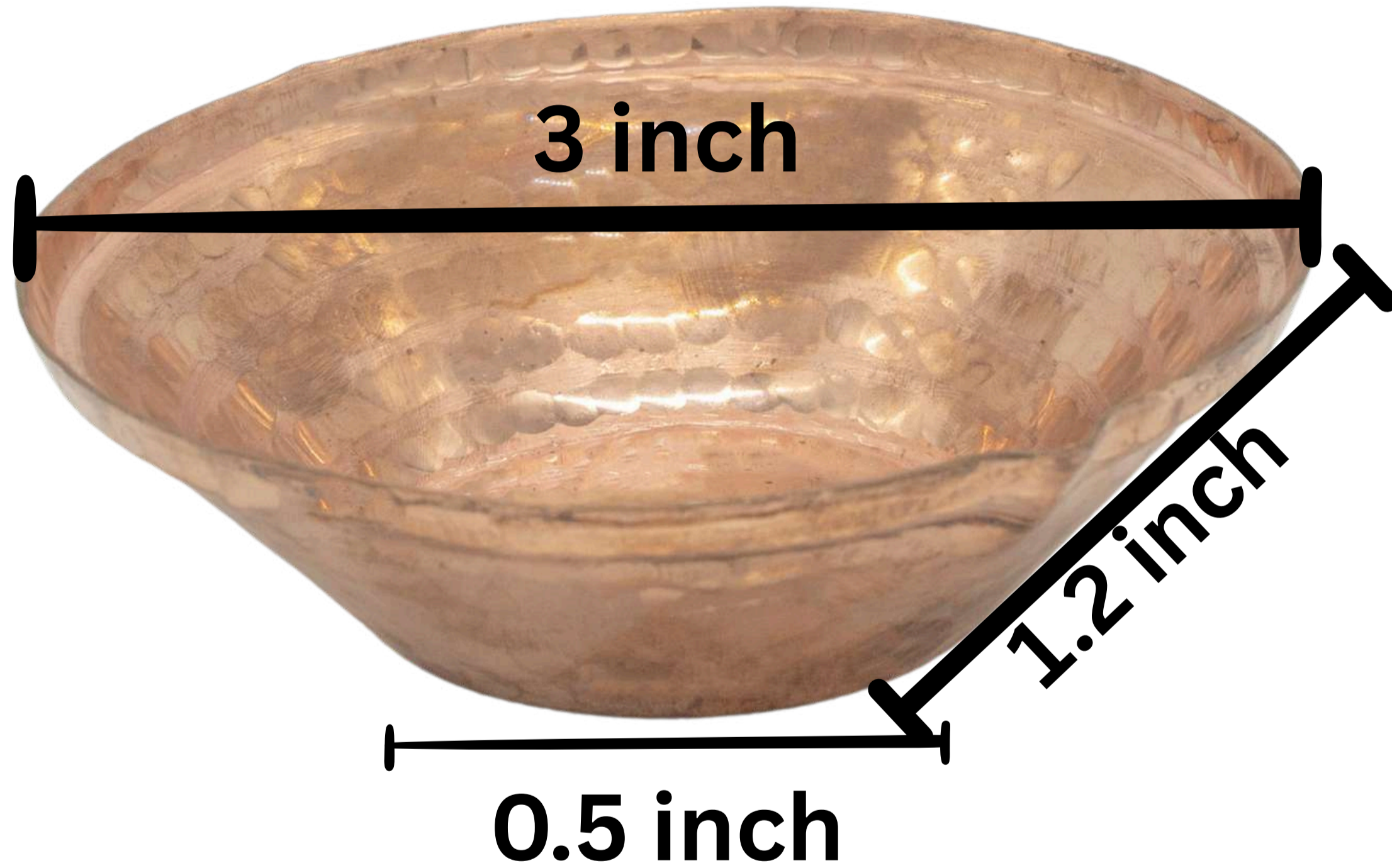
Base - 3 inch

Round - 18 inch

Weight - 200 gram

THF-N-CU-13

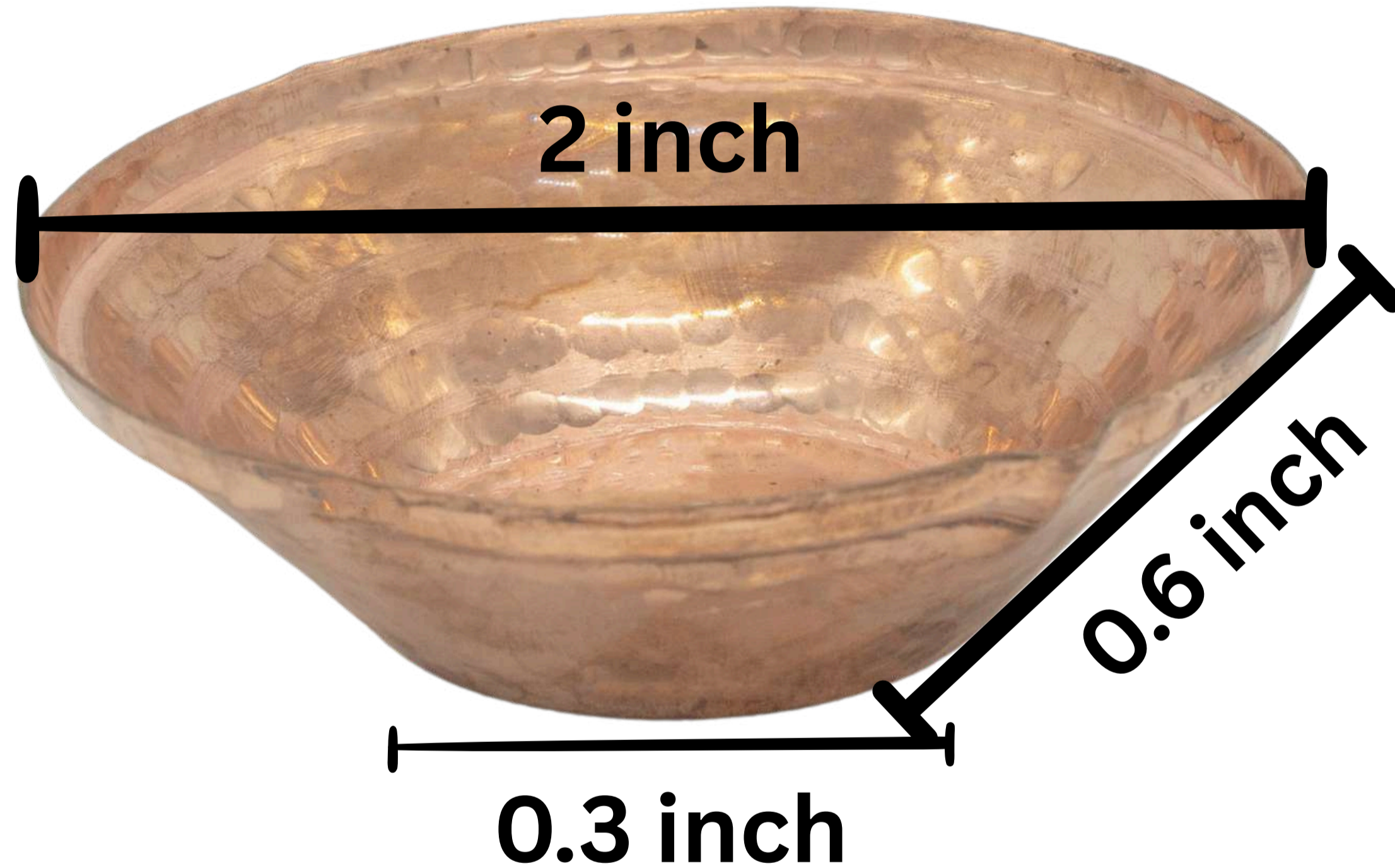
Diyoo दियो



Number 3
Height - 1.2 inch
Mouth - 3 inch
Base - 0.5 inch
Round - 12 inch
Weight - 130 gram

THF-N-CU-14

Diyo दियो



Number 2
Height - 0.6 inch
Mouth - 2 inch
Base - 0.3 inch
Round - 8 inch
Weight - 80 gram

THF-N-CU-15



3 Inch



4 Inch



5 Inch



8 Inch

Brass Lota
पित्तलको लोटा

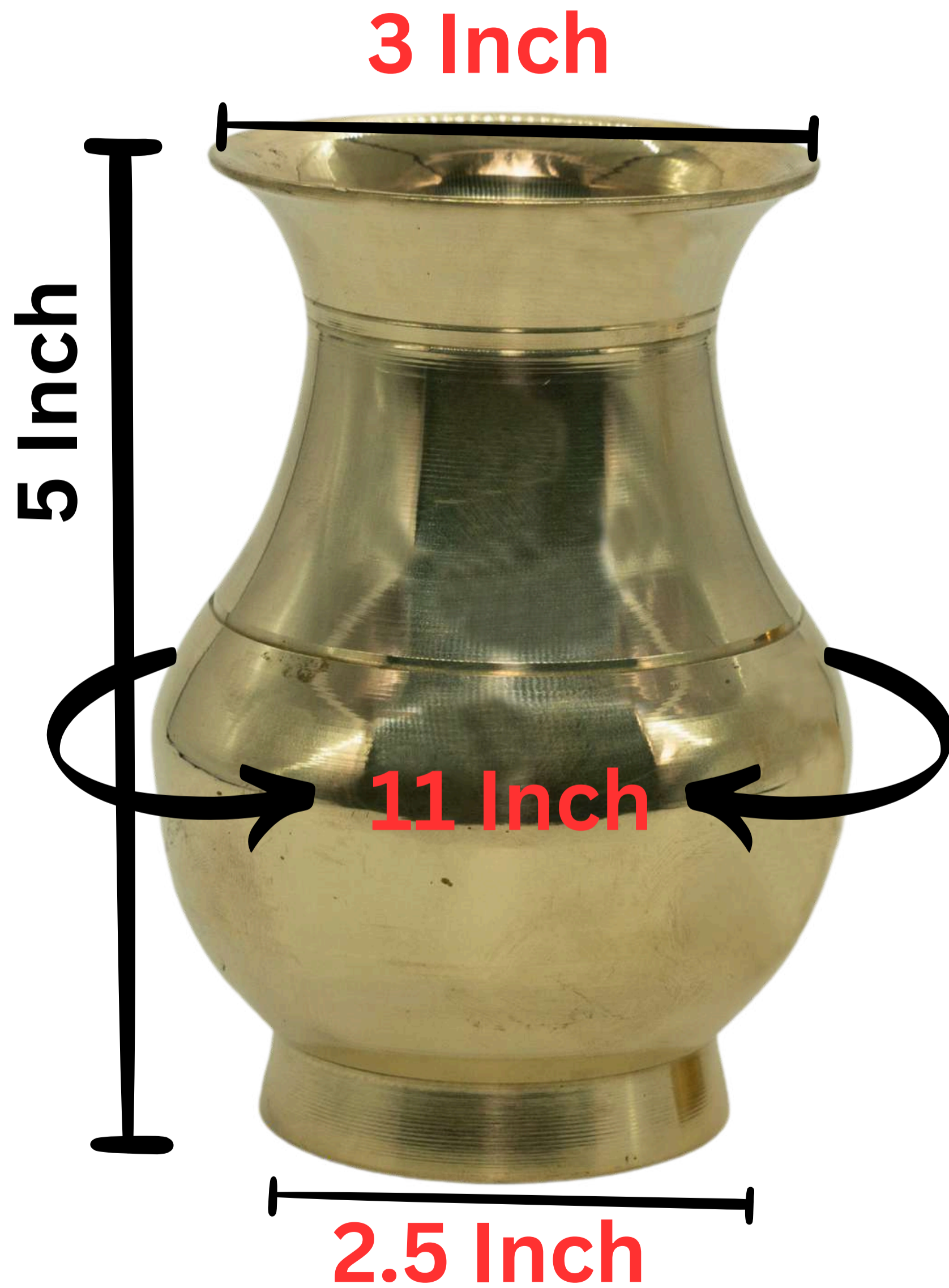
THF-N-GL-01/04



Brass Lota
पित्तलको लोटा

Number 8
Height - 8 inch
Mouth - 3.5 inch
Base - 3.5 inch
Round - 14 inch
Weight - 800 gram

THF-N-GL-01



Brass Lota पित्तलको लोटा

Number 5

Height - 5 inch

Mouth - 3 inch

Base - 2.5 inch

Round - 11 inch

Weight - 600 gram

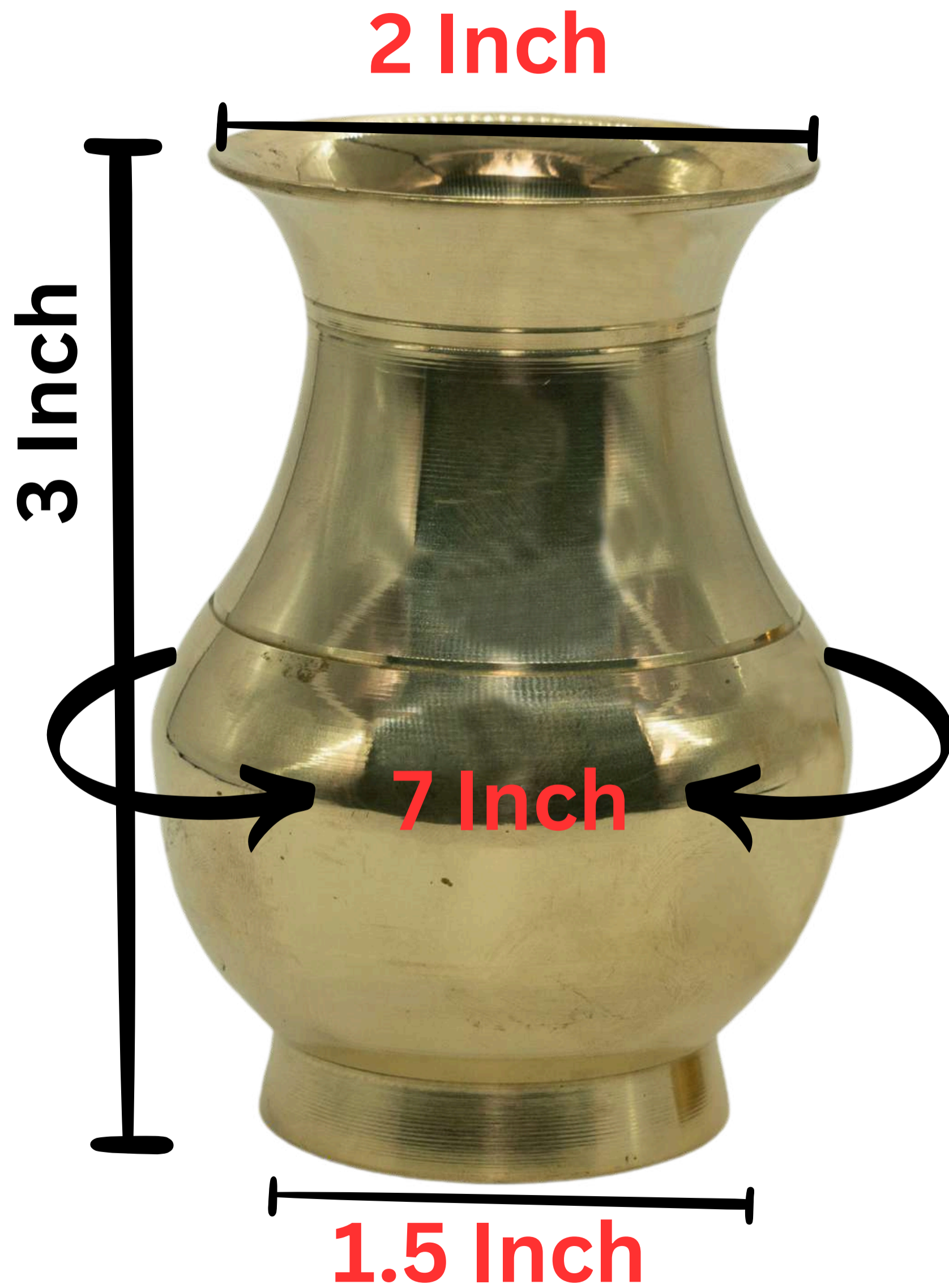
THF-N-GL-02



Brass Lota
पित्तलको लोटा

Number 4
Height - 4 inch
Mouth - 2.5 inch
Base - 2 inch
Round - 10 inch
Weight - 400 gram

THF-N-GL-03



Brass Lota पित्तलको लोटा

Number 3

Height - 3 inch

Mouth - 2 inch

Base - 1.5 inch

Round - 7 inch

Weight - 150 gram

THF-N-GL-04



3 Inch



4 Inch

Brass Kum Kum Lota

पित्तलको कुम कुम लोटा

THF-N-GL-05/06



Brass Aastu Lota

पित्तलको अस्तुलोटा

Number 4

Height - 4 inch

Mouth - 3 inch

Base - 2 inch

Round - 12 inch

Weight - 240 gram

THF-N-GL-05



Brass Kum Kum Lota

पित्तलको कुम कुम लोटा

Number 3

Height - 3 inch

Mouth - 2.5 inch

Base - 1.5 inch

Round - 9 inch

Weight - 180 gram

THF-N-GL-06

Sada Karuwa

सादा करुवा



5 Inch



8 Inch



Sada Karuwa

सादा करुवा

Number 8

Height - 8 inch

Mouth - 2.5 inch

Base - 3.5 inch

Round - 14 inch

Length of Tuti- 3 inch

Weight - 1.1 kg

THF-N-GL-07



18 Inch



14 Inch



12 Inch

THF-N-BR-01/04



7 Inch

Brass Buttya Khadkulo

पित्तलको खड्कुलो



Number 18
Height - 5 inch
Mouth - 18 inch
Base - 19 inch
Round - 52 inch
Weight - 2 kg

THF-N-BR-01

Brass Buttya Khadkulo

पित्तलको खड्कुलो



THF-N-BR-02



Number 14
Height - 4 inch
Mouth - 14 inch
Base - 15 inch
Round - 45 inch
Weight - 1.6 kg

Brass Buttya Khadkulo

पित्तलको खड्कुलो



THF-N-BR-03



Number 12
Height - 3.5 inch
Mouth - 12 inch
Base - 13 inch
Round - 38 inch
Weight - 1.2 kg

Brass Buttya Khadkulo

पित्तलको खड्कुलो



Number 7
Height - 2 inch
Mouth - 7 inch
Base - 9 inch
Round - 24 inch
Weight - 600 gram

THF-N-BR-04

Aastamangal Thali

अष्टमङ्गल थाली



12 inch

Number 12

Height - 0.2 inch

Mouth - 12 inch

Base - 9 inch

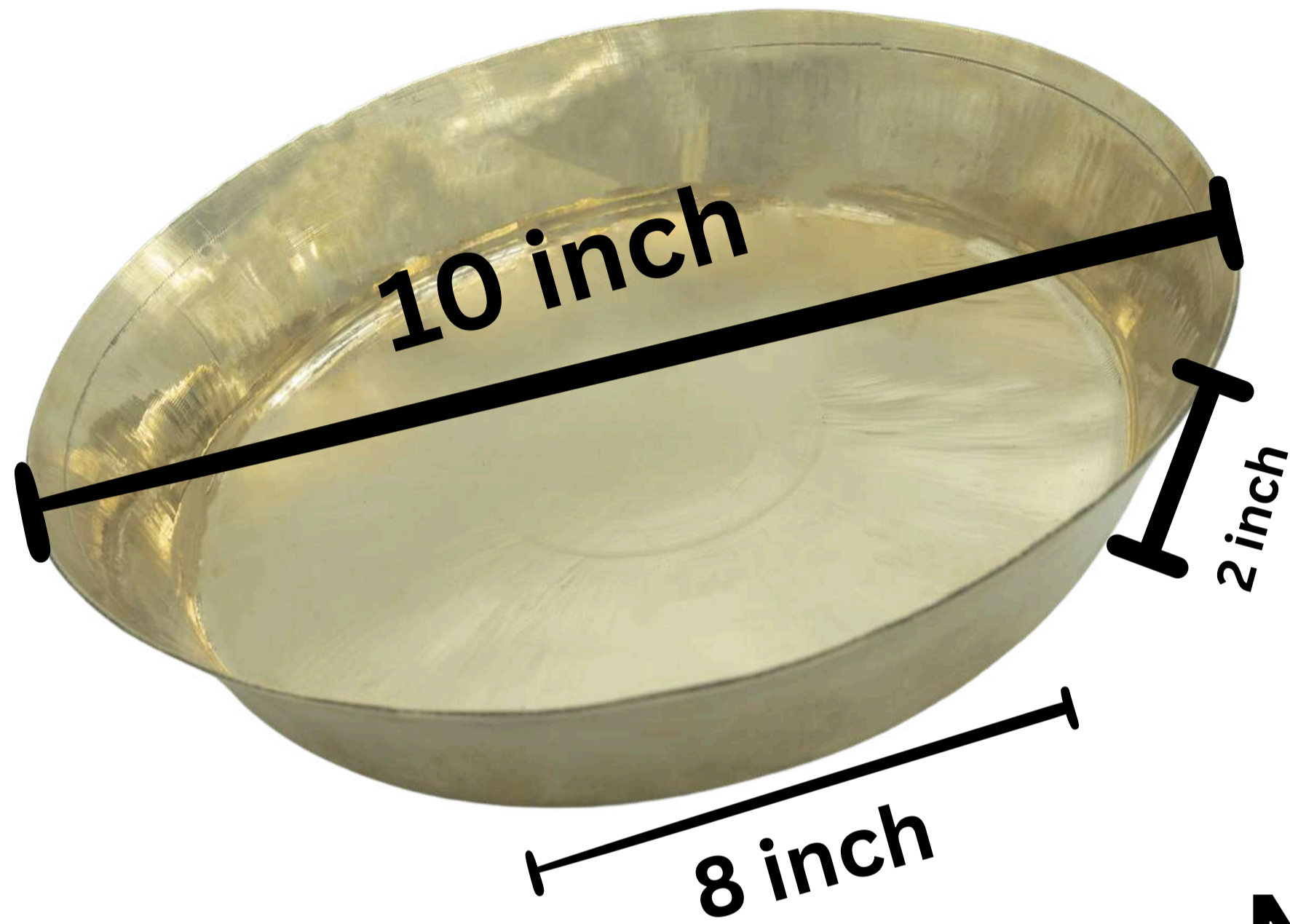
Weight - 430 gram

THF-N-BR-05



काशा थाल
Kasa Thal





Number 1

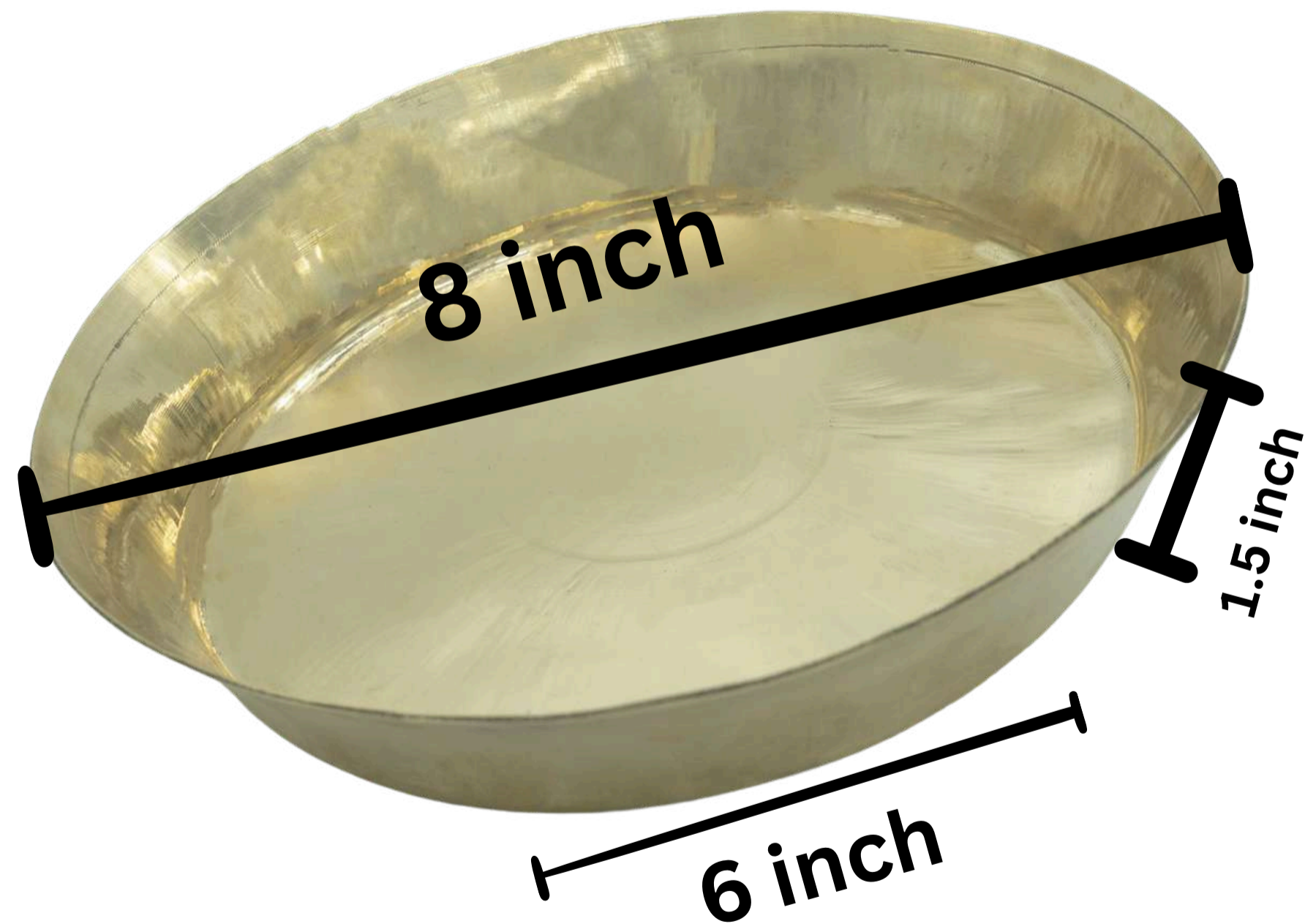
Height - 2 inch

Mouth - 10 inch

Base - 8 inch

Weight - 800 gram

THF-N-KA-01



THF-N-KA-02



Number 1
Height - 1.5 inch
Mouth - 8 inch
Base - 6 inch
Weight - 800 gram

काशा थाल

Kasa Thal

Number 3

Height - 1 inch

Mouth - 9 inch

Base - 6 inch

Weight - 750gram



Number 1

Height - 1.5 inch

Mouth - 11 inch

Base - 6.5 inch

Weight - 850gram



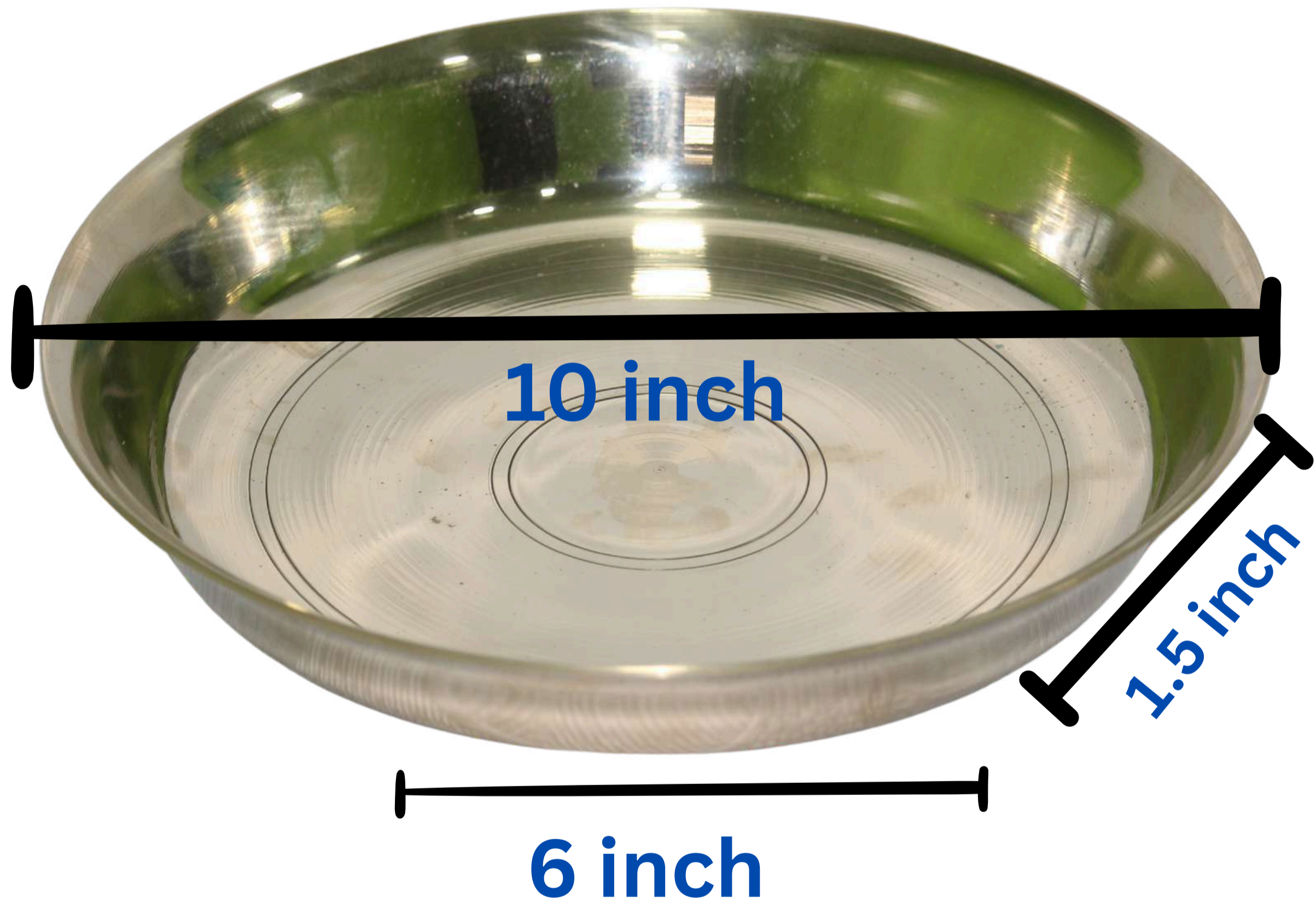
Number 2

Height - 1.3inch

Mouth - 10.5 inch

Base - 6 inch

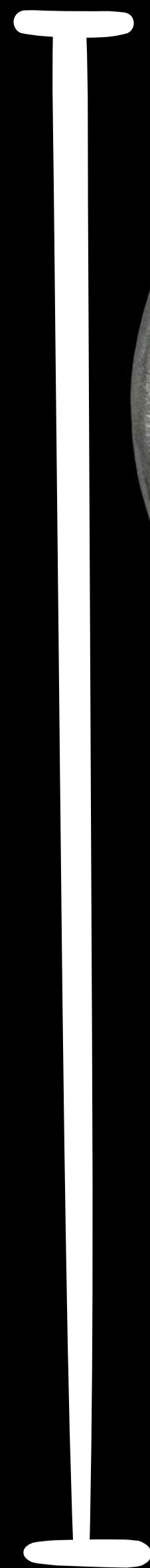
Weight - 800 gram



Number 2
Height - 1.5 inch
Mouth - 10 inch
Base - 6 inch
Weight - 800 gram

THF-N-GL-08

9.5 inch



HEIGHT - 9.5 inch
Base- 5.5 inch
Weight-350gram

Tika Dani
टिका दानी

5.5 inch



Tika Dani टिका दानी बुट्टे

HEIGHT - 9.5 inch
Base- 5.5 inch
Weight-430gram

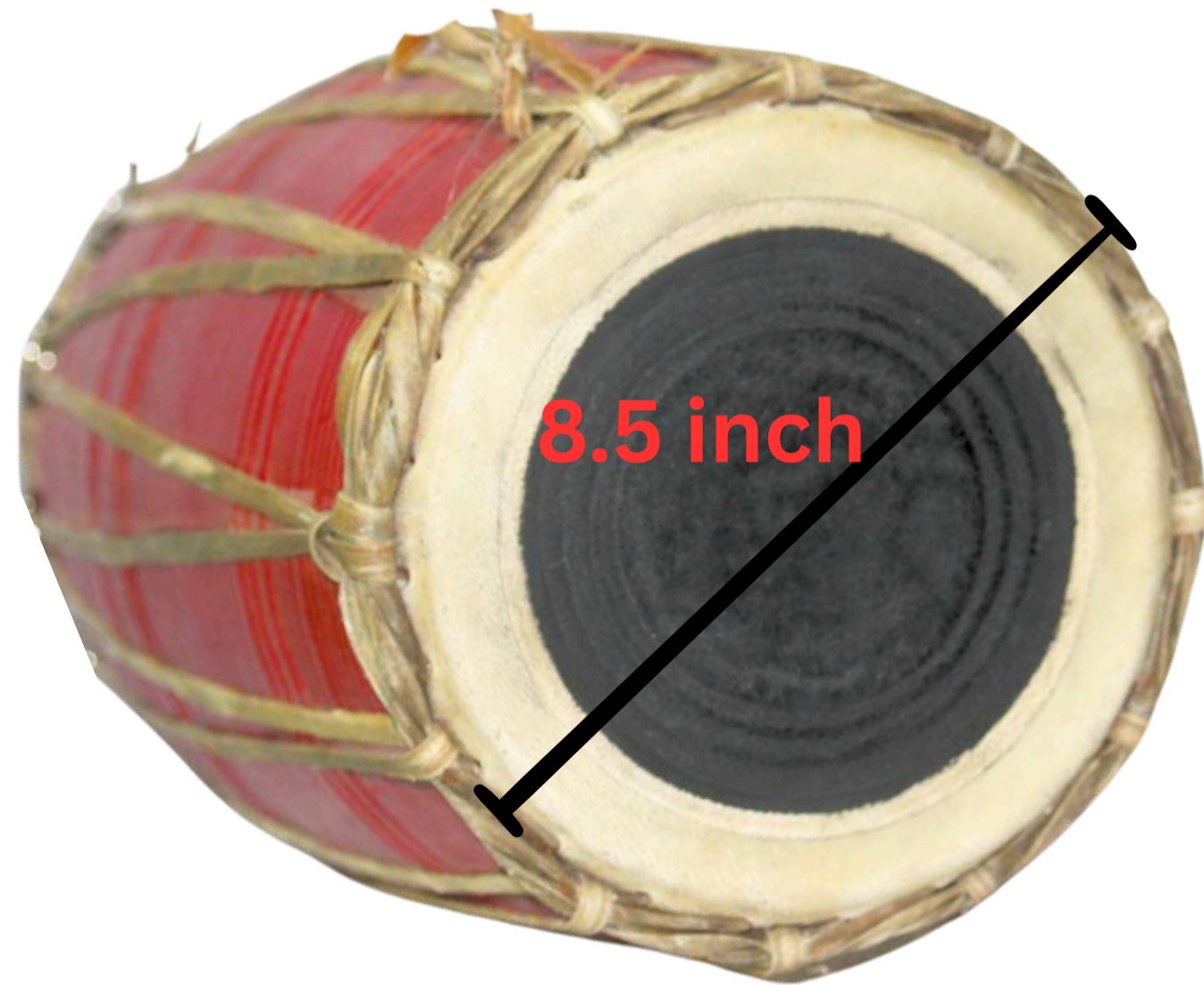
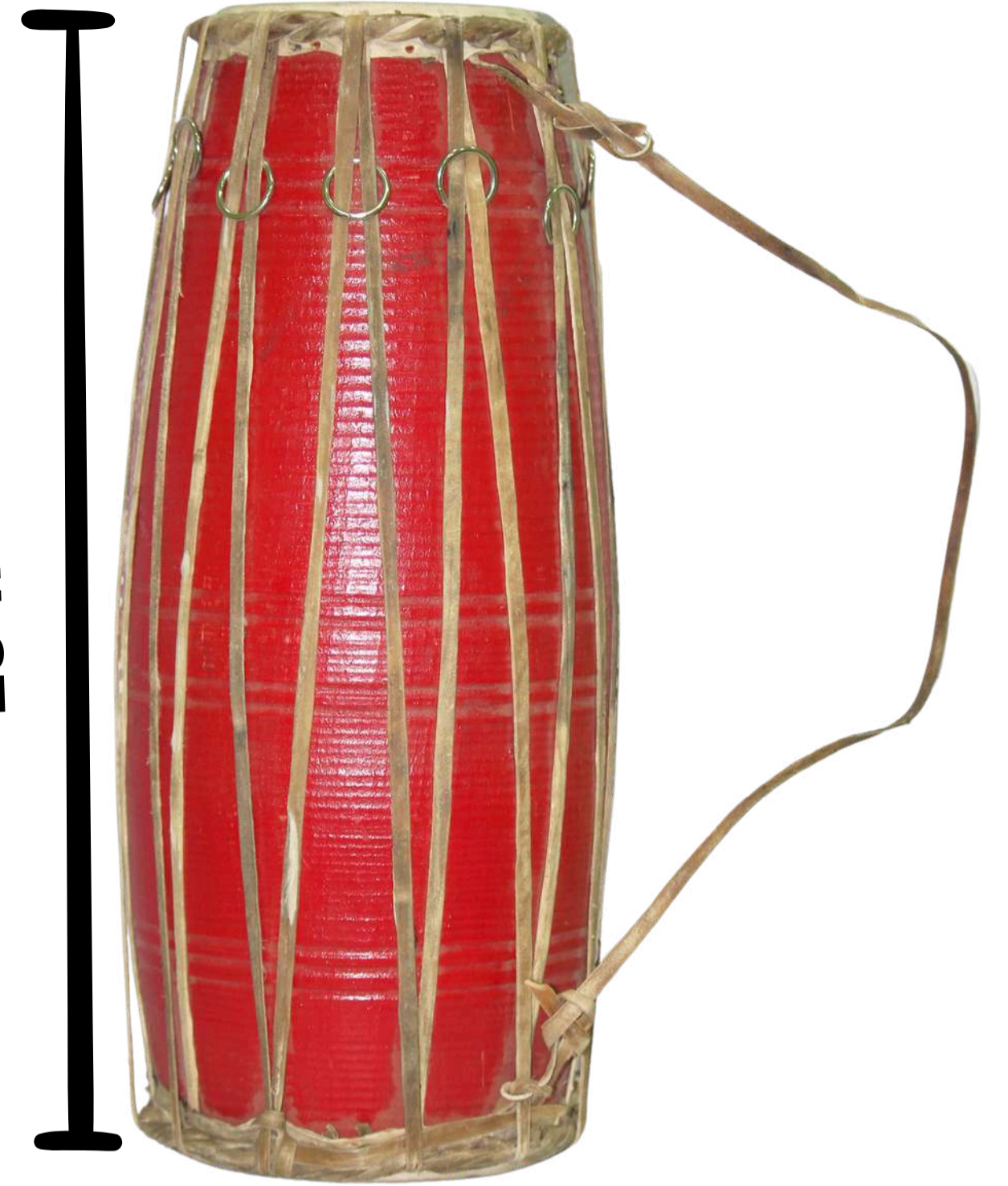
9.5 inch

5.5 inch

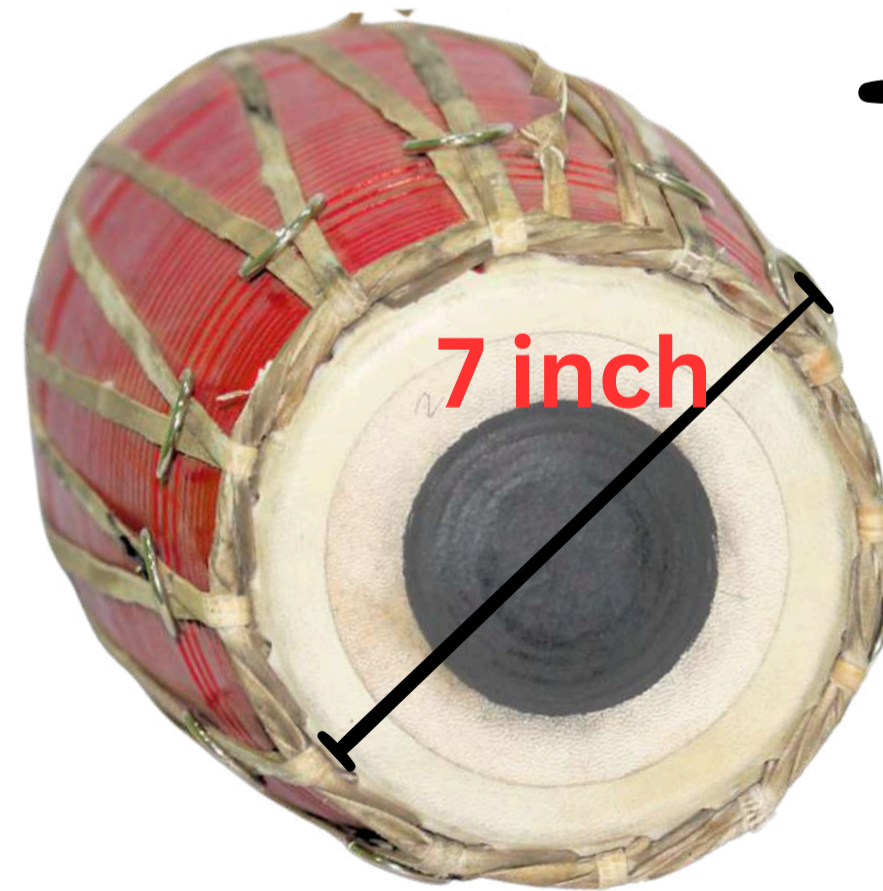




19 inch



8.5 inch



7 inch

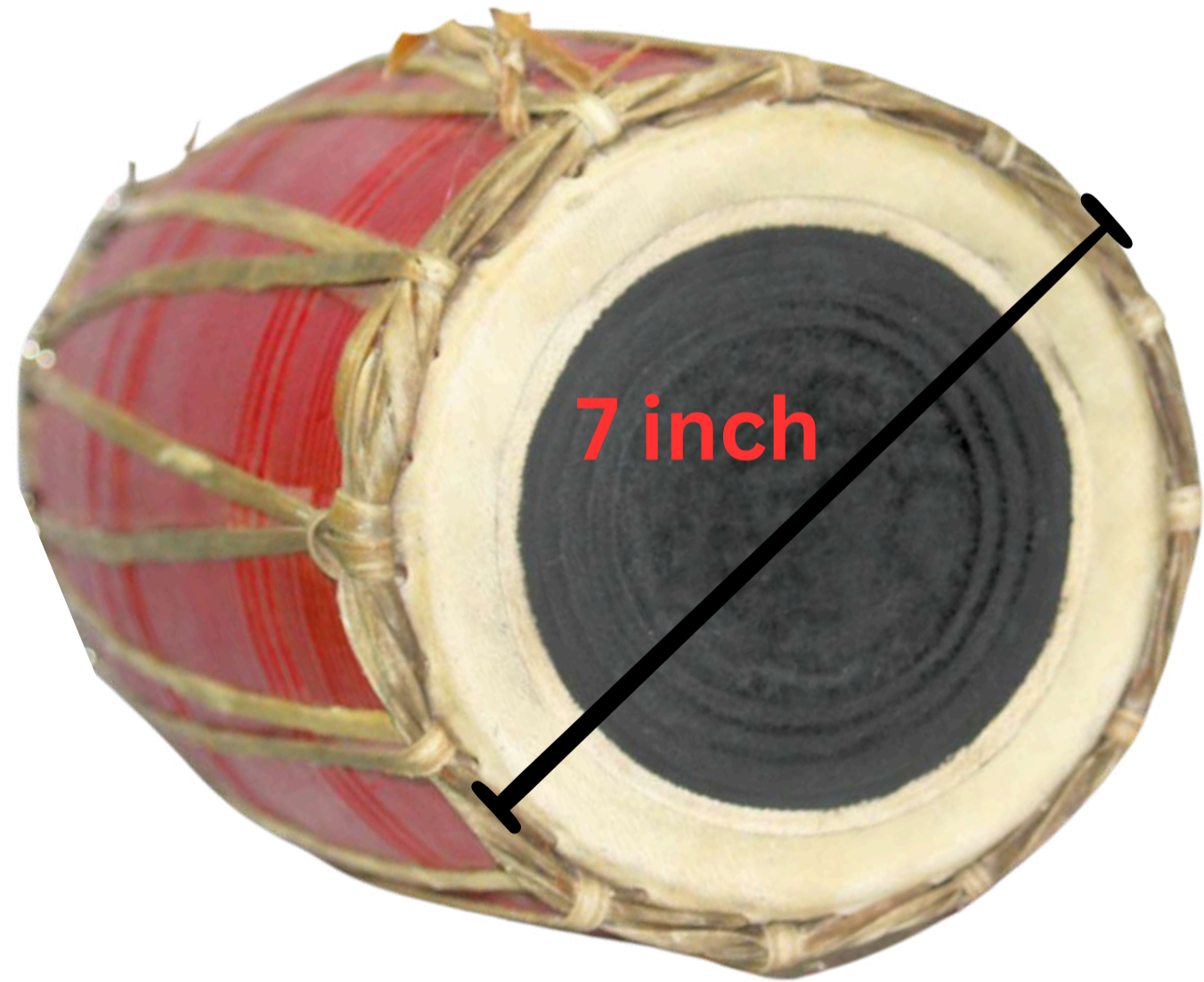
Length: 19inch
Small side: 7inch
Large side: 8.5inch

Large Size Madal

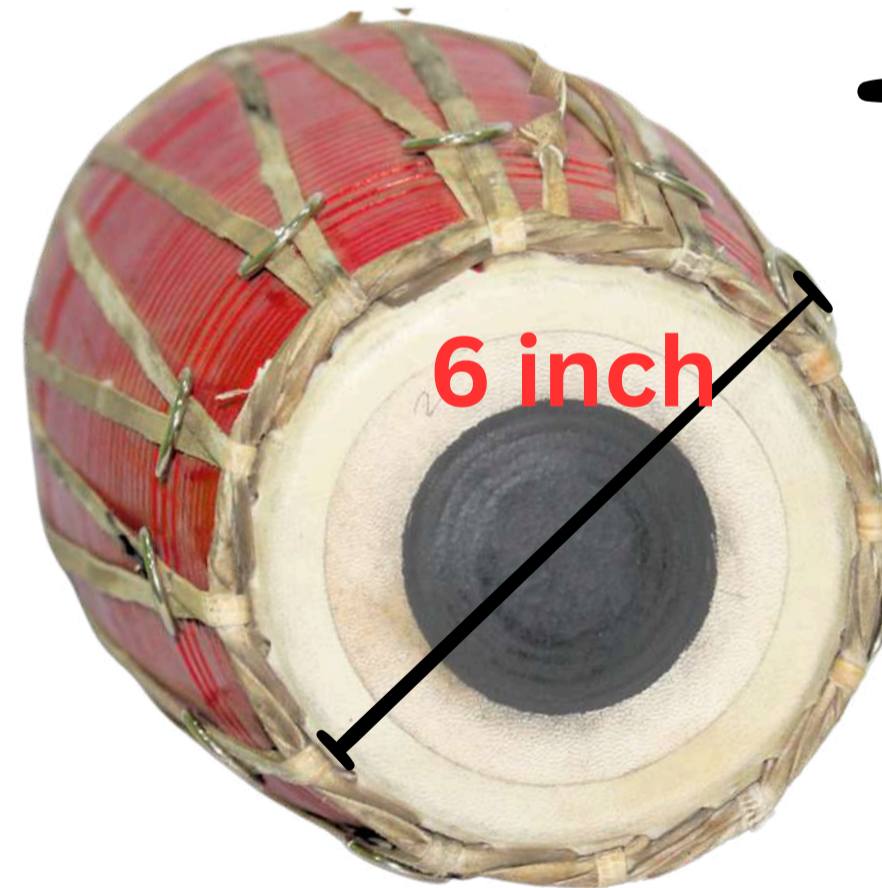
THF-N-MA-01



18 inch



7 inch

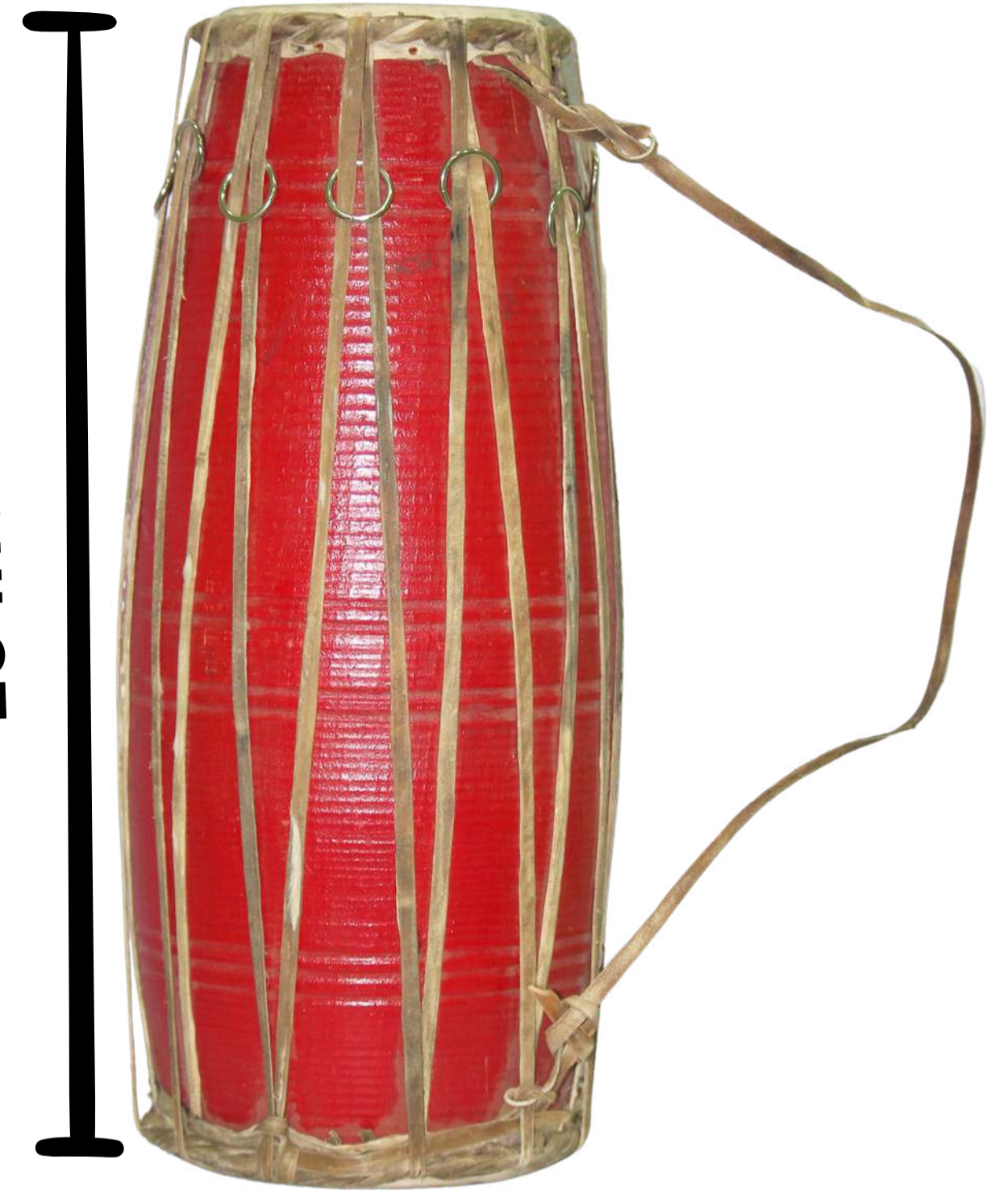


6 inch

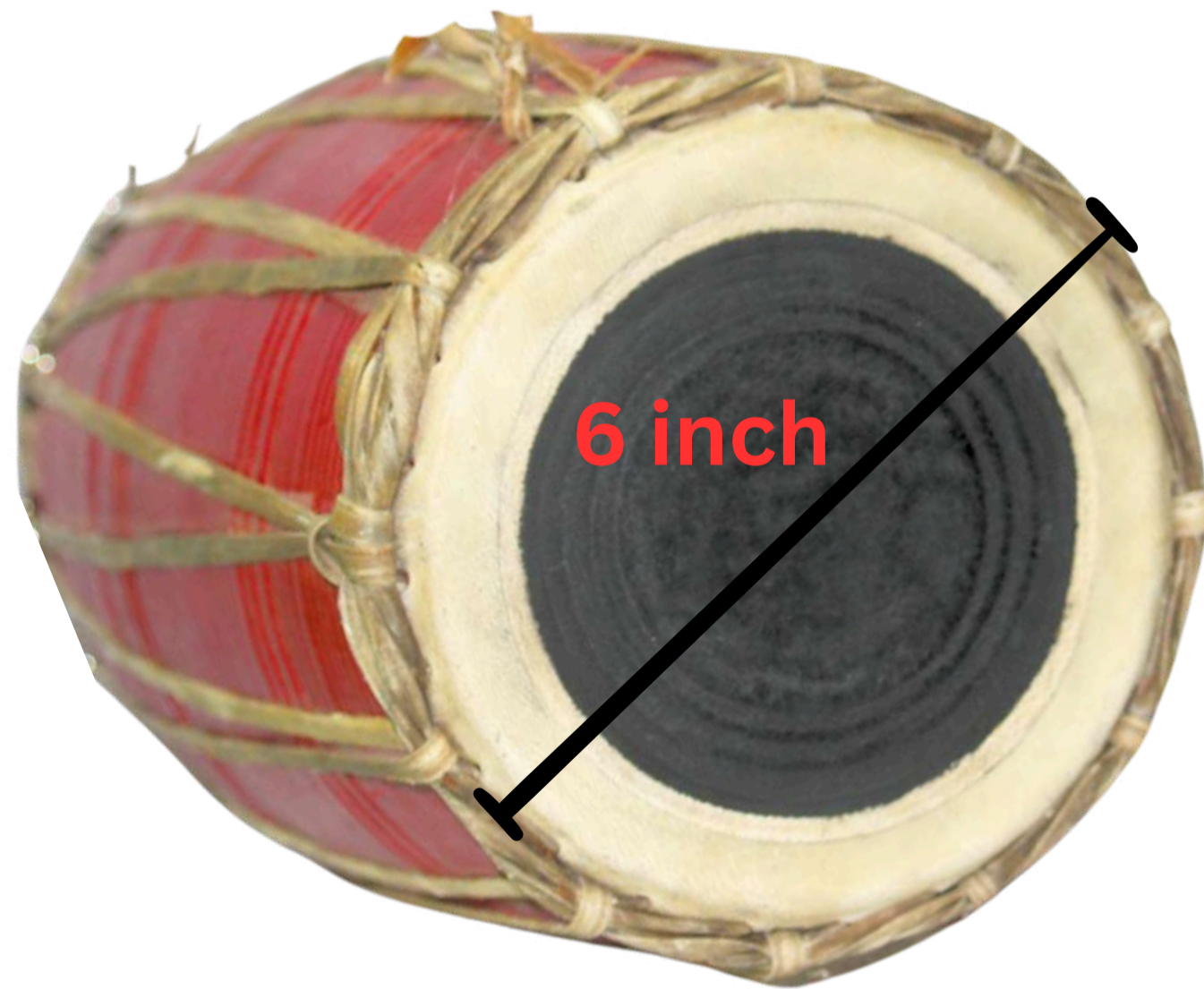
Length: 18inch
Small side: 6inch
Large side: 7inch

Medium Size Madal

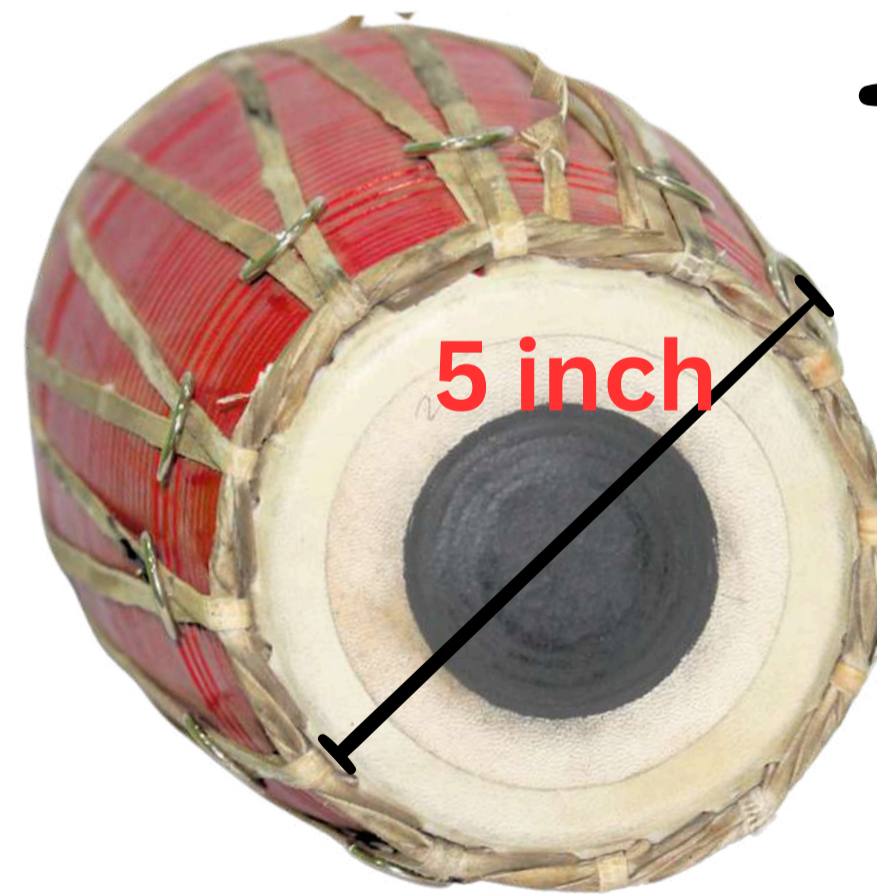
THF-N-MA-02



10 inch



6 inch



5 inch

Length: 10inch
Small side: 5inch
Large side: 6inch

Small Size Madal

THF-N-MA-03

THAKI ठेकी

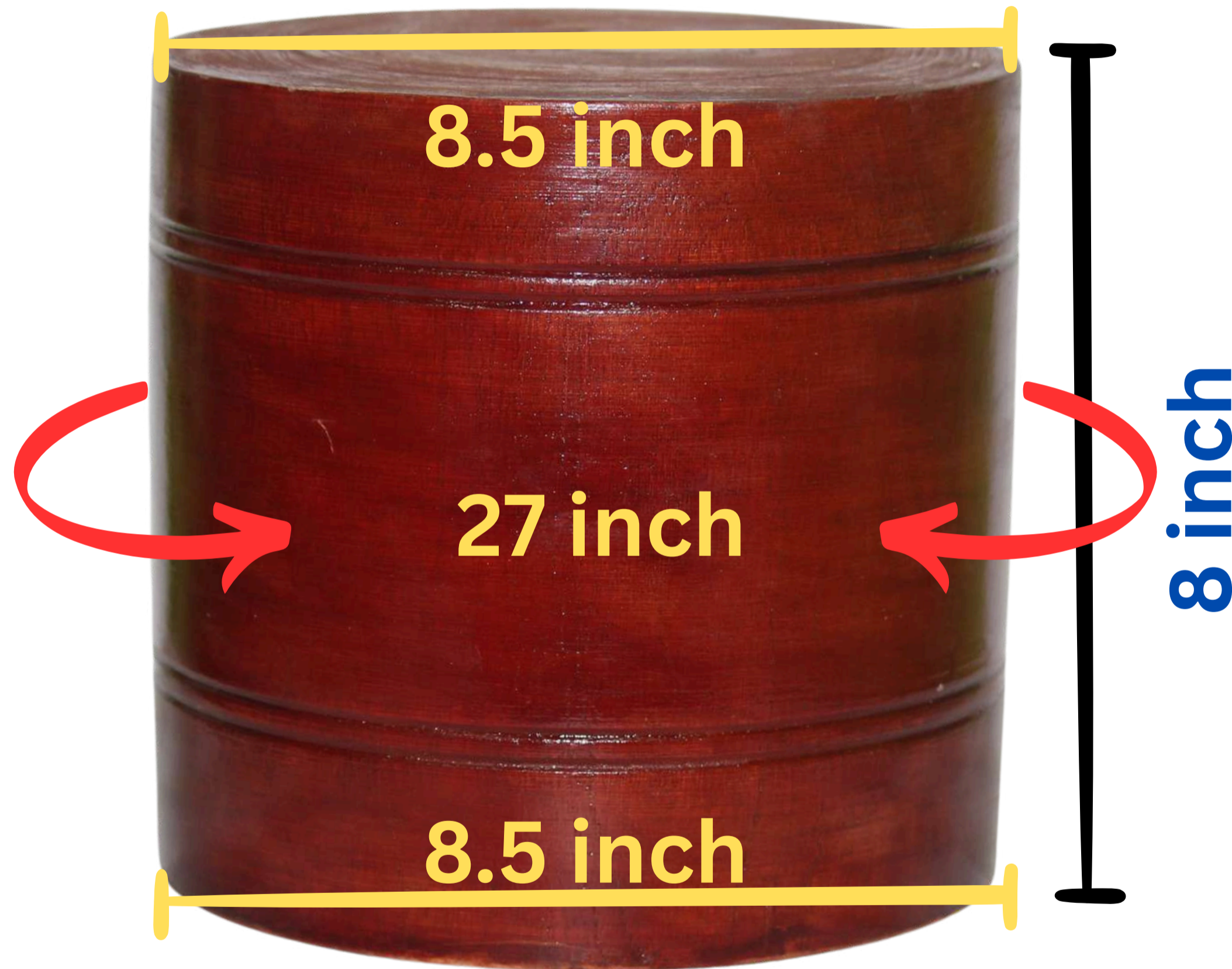


ROUND - 23 INCH
Height - 9 inch
Mouth - 6.2 inch
Base - 7 inch
Weight - 1.6kg

THF-N-TH-01

Aachano

अचानो



ROUND - 27 INCH

Height - 8 inch

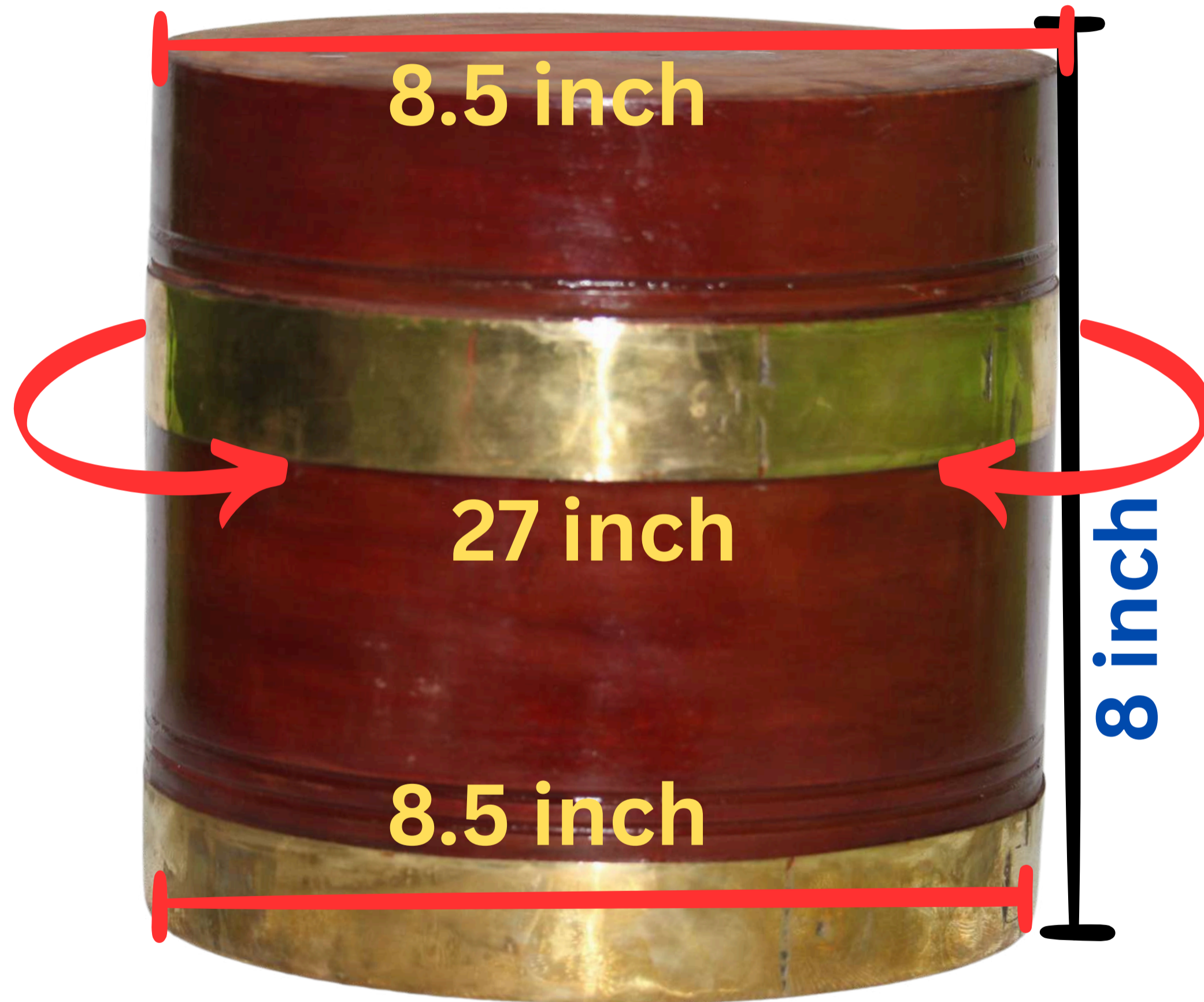
Mouth - 8.5 inch

Base - 8.5 inch

Weight - 6.4kg

THF-N-AC-01

Aachano अचानो



ROUND - 27 INCH
Height - 8 inch
Mouth - 8.5 inch
Base - 8.5 inch
Weight - 6.9kg

THF-N-AC-02

Okhal (ओखल)



ROUND - 28 INCH
Height - 18 inch
Mouth - 8.5 inch
Base - 8.5 inch
Weight - 10.2kg



THF-N-OK-01

Dala Normal



Height - 14 inch
Mouth - 18 inch
Base - 8.2 inch
Round - 4 ft
Weight - 1.1 kg

Dala Premium Small



Height - 11 inch
Mouth - 16 inch
Base - 8 inch
Round - 45.5 inch
Weight - 900 gram

Dala Premium big



Height - 11 inch
Mouth - 17.5 inch
Base - 9 inch
Round - 52.5 inch
Weight - 1 kg

Dala(डाला ५ पाथे)



Height - 11 inch
Mouth - 17.5 inch
Base - 9 inch
Round - 52.5 inch
Weight - 1 kg

THF-N-DA-01

Dala(डाला ४ पाथे)



Height - 11 inch
Mouth - 16 inch
Base - 8 inch
Round - 45.5 inch
Weight - 900 gram

THF-N-DA-02

Thunse थुन्से



THF-N-TH-01

Lemon Concentrate

(कागतीको अमिलो)



400 gram



THF-F-LE-01

Mustard Whole तोरीको दाना



400 gram



THF-F-MU-01

32 Masala

३२ मसला



400 gram

THF-F-MA-01

ALL DRUK ITEMS

THF-F-DR-01



ALL EVEREST MASALA ITEMS



THF-F-EV-01

Phlogacanthus Thyrsiformis (चुवाको फूल)



THF-F-PH-01

MADHU (मधु)



THF-F-MA-01

SUPARI (सुपारी)



THF-F-SU-01

Yellow Finger Pipe



THF-F-FP-01

ताइचिन चिउरा

Flaked Rice

(Tai-Chin Chura Red)



THF-F-TC-01

Pashanbed (Bergenia Ciliata)



THF-F-PA-01

माझी फल



THF-F-MA-01

Jimbu

जिम्बु



THF-F-JI-01

Rock Salt

सिंदे नुन



THF-F-RS-01

Black Millet नेपाली कोदो

40 Pound

THF-F-BM-01



Soya Chunk

नेपाली सोया न्युट्रला



Sizes:

200gram(S)

200gram(L)

400gram(S)

400gram(L)

800gram(S)

800gram(L)

THF-F-SC-01

Millet Flour

नेपाली कोदोको पिठो



THF-F-MF-01

Buckwheat Flour (Fapar Pitho Sweet) मिठे फापरको पिठो



THF-F-BF-01

Buckwheat Flour (Fapar Pitho Bitter) तिते फापरको पिठो



THF-F-BF-01

Soyabean Whole (White Bhatamas)

सेतो भटमास



THF-F-SB-01